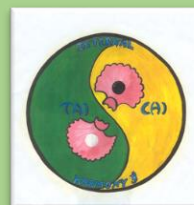


Ridgefield Continuing Education

Please keep this as a course reference. Updates added as needed. Winter dates will be added to the website by the end of December.

Courses Start in September, October, November, December 2026 and January 2027



Courses Available – Learning Options

Registration Information	2 and Back Cover
Bridge, Mah Jongg, Genealogy, ed2go Online Courses	2
Writing, Ridgefield History, Painting, Wreath Decorating	3
Knitting, Crochet, Feng Shui Walk in Ridgefield, Jewelry	3
Native Plants, Fall Gardening, Mushroom Walk, SAT Test Prep	3
Languages: French, Italian, Spanish	4
ESL GED, CDP & ESL; ed2go Online Courses	4
Line Dance, Ballroom / Event Dance	4
Tai Chi Form, Tai Chi Strength, Tai Chi / Qi Gong, Yoga	5
Cardio: La Blast, Zumba, Burn and Tone, Philosophy, Health	5
AI – Artificial Intelligence, eBay, Excel, Windows, PowerPoint	6
Tech Tutorials, ed2go, Business Strategy Seminars, Elder Law	6
DSLR & Mirrorless Photography, iPhone Photography, iPhone	6
Ridgefield, European and English History, Jazz, Music Lessons	7
Registration Information and Form, SAT Prep Info	Back Cover - 8

Join us!

Experience

Explore

Connect

Most classes are In-Person.

Some are Hybrid.

A few are Zoom Only.

Class Sizes are limited.



Registration / Contact: Easy – Ways to Register – Details and Updates at <https://ridgefieldschools.org>

Phone: (203) 431-2812

Pay by Visa or MasterCard over the phone. If we do not answer, please leave a detailed message.

eMail:

ridgefieldcontinuingeducation@gmail.com

Please email a list of classes desired and your phone number. We will contact you to arrange payment.

Mail:

Please send registration form and payment (check, Visa, and MasterCard accepted) to:

Ridgefield Public Schools – Continuing Ed.

Attn: Peggy Bruno
90 East Ridge Road
Ridgefield, CT 06877

Please mail early as all Ridgefield mail goes through Danbury and takes 3-6 business days to arrive.

Office Location:

Registration drop off is at the office, located in the Town Hall Annex, 1st floor, 66 Prospect St., left of Yanity Gym, behind the Playhouse.

The Annex building is open 8 a.m. to 4:20 p.m., Monday through Thursday.

Directions are on the website at <https://ridgefieldschools.org>

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Ridgefield Continuing Education, an ongoing, self-sustaining program of Ridgefield Public Schools since fall 1977, is entering its 50th consecutive year of service! We offer **EXPERIENCES** via over 200 dynamic courses annually that help area residents, age 18+, enhance career skills, as well as gain knowledge and professional guidance in art, crafts, technology, nature walks, gardening, writing, language, fitness, games, and popular hobbies. Please take time to **EXPLORE** your interests (established and new) and **CONNECT** with others.

- Thank you to the amazing, caring Continuing Ed. instructors who offer classes in a variety of formats.
- Thank you to Ridgefield Public Schools and the Town of Ridgefield for facility use.

Please keep in mind:

- Register early to increase your course choices and mark dates and time on your calendar!
- The Zoom link is usually emailed the evening before class. Date and time changes will be updated on the web site. Students who have provided us with legibly written email and/or phone will be notified.
- We follow the public health requirements (subject to change) of the Ridgefield Public Schools.
- Ridgefield Public Schools prohibit alcohol, nuts, nut products, or other food in class.

Thank you for your participation and see you soon in person or on zoom!

Peggy Bruno
Director of Adult Education

Class Location Key

All in Ridgefield, Directions (detailed) at:

www.ridgefieldschools.org/directions.html

Annex = in person. 66 Prospect St. (between Yanity Gym and back of the Playhouse).

ERMS = East Ridge Middle School = in person at 10 East Ridge Road (intersection of East Ridge and Route 102 - aka Branchville Rd).

VP Sch. = Veterans Park School = in person at 8 Governor Street.

Zoom = live, online class.

+Z = Hybrid = class is in person with Zoom available.

Admission: These classes are open to anyone **age 18 years or older**. Non-residents are welcome. Senior Citizens and Disabled (Ridgefield Sr./Disab.) means discounted fee for senior citizens age 62 and older and people with disabilities who live in Ridgefield, provided that the course they want has sufficient enrollment to sustain the discount and they have followed the procedures below. More about the Senior Discount is at <https://ridgefieldschools.org/senioronly.html>

Registration Deadline and Payment: You may register by phone, email, or mail. Payment in full must accompany your registration, which must be paid and received in advance. We decide whether to run a class at least 3 business days before the first class (some teachers need a decision sooner) based on the number of people who have paid their tuition. Do not let a class be cancelled due to participant procrastination. Checks (preferred to keep costs down), money orders, and Visa and MasterCard are accepted. A non-refundable convenience / service fee for Visa or MasterCard payment will be added to your charge total as follows: \$2.95 (subtotal thru \$97), 2.99% (subtotal of \$98 or higher) per person, per order. There is a \$20 service fee for returned checks.

Confirmation and Cancellation: No news is good news. If you have paid your tuition, assume you are enrolled. When you register, we assume that you have put the course date, time, and location on your calendar and reconciled potential conflicts before you register. Please include an accurate and legible phone number and email address (preferred) so we can contact you if a course is cancelled, full, or relocated. If you are taking a Zoom class, an email address is necessary for us to send you your Zoom link the night before class.

Weather/Power Postponement: If Ridgefield Public Schools cancels classes due to weather/power issues, in person Continuing Education classes are postponed. See www.ridgefield.org and look for an email with information. Zoom and Hybrid classes and classes with Zoom backup may continue on Zoom if possible. If school has "early dismissal", Continuing Education classes that start at 1:00 p.m. or later are postponed to the next class. If school has a "2 hour delayed opening", classes that start before 9:30 a.m. (3 hour delay, classes starting before 10:30 a.m.) are postponed to next class. Classes that start at 9:30 a.m. (2 hour delay) or 10:30 a.m. (3 hour delay) or later will proceed as scheduled. Make-ups due to weather / power postponement are normally added to the end of the session or an open date in the schedule; check the web site and your email for details.

Refunds: We provide a full tuition refund when Ridgefield Continuing Education cancels a class or the class is full. If you request a tuition refund, we must receive your request in writing (letter or email) 5 days before a class starts and we will withhold a \$15 withdrawal fee per class from the amount refunded. Students assume all risk of changes in their personal schedules. Absence from the class does not reduce the cost of operating our programs. Class sessions may be rescheduled due to unexpected circumstances; refunds will not be issued to students unable to attend a rescheduled make-up class (including make-up classes online). Refunds will not be issued to students who do not want to comply with public health requirements, when needed. Medical refunds only (less a \$15 withdrawal fee) will be prorated for the remainder of the session when verified by a physician's note. The medical tuition refund is calculated on the date a written cancellation notice is provided, not on the date of the last class attended. Refunds are not available to people who register less than 5 days before a class starts. Refunds take 4 to 6 weeks to process.

Disabled Access: Buildings have disability access. [Ridgefield Public Schools Nondiscrimination Statement](#) is on page 7 and <https://ridgefieldschools.org>

MAH JONGG

Sybl Falik, enthusiastic, long-term teacher and player, will teach you what "One bam...two crack!" means, as you discover an exciting game. When you take this class, you will learn from square one. Or should I say tile one! This primer is very basic and will have you playing in no time. Attendance at the first three classes is a must. You will learn rules of the game as sanctioned by the National Mah Jongg League (NMJL). For info about the required NMJL card that you need at the first class, visit <https://ridgefieldschools.org> Instructor Sybl Falik started playing Mah Jongg as a young mother to socialize. Quickly Mah Jongg became a passion, and she used this game to meet friends by teaching the game to other women. She hopes you will develop a love for this game as she has.



6 Sessions (12 hrs) \$ 159 (Ridgefield Sr./Disab. \$ 138)
Mon. 9/28; 10/5, 19, 26; 11/2, 9 10 to 12 noon Annex
Mon. 12/7, 14, 21; 1/4, 11, 25 10 to 12 noon Annex
5-6 Sessions (12 hrs) \$ 159 (Ridgefield Sr./Disab. \$ 138)
Tue., 9/22, 29; 10/6, 13, 20, 27 5 to 7 p.m. Annex
Tue., 11/17, 24; 12/1, 8, 15 5 to 7:24 p.m. Annex
Tue., 1/5, 12, 19, 26; 2/2, 9 5 to 7 p.m. Annex
5 Sessions (12 hrs) \$ 159 (Ridgefield Sr./Disab. \$ 138)
Fri. 9/25; 10/2, 16, 23, 30 10 a.m. to 12:24 p.m. Annex



BRIDGE



Bridge: Newer Players

For bridge players who have some knowledge of bridge. The class will be using Stayman, Jacoby transfers, Blackwood, take-out doubles, and negative doubles so players recognize when to use each. We will build both bidding and defensive skills. We do this through playing hands, which gives players an opportunity to learn play-of-the-hand skills as well. Instructor Mary Watson-Stribula has been teaching bridge in both New Canaan and Ridgefield for over 9 years. She is currently working towards her life master designation. She is an enthusiastic and patient bridge teacher. Class size limited.

8 Sessions \$ 212 (Ridgefield Sr./Disab. \$ 184)
Mon., 9/28-12/7 (not 10/12; 11/9 and 1 to be det.)
9:30 to 11:30 a.m. Annex

Bridge: Intermediate

For bridge players with experience in playing duplicate or rubber bridge. The class will be 2 or 3 tables playing the same hands and then comparing results and piecing together what made for the best bidding and play. Some lessons will be on defensive signals. Others will reflect the groups' interests and the instructor's observations of what is needed by the players. Instructor: Mary Watson-Stribula.

8 Sessions \$ 212 (Ridgefield Sr./Disab. \$ 184)
Thur. 9/17-11/12 (9 dates listed; 1 date to be excluded)
1:30 to 3:30 p.m. Annex

GENEALOGY



Researching Our Roots – Delve Into Genealogy

Are you interested in building your family tree? Join instructor and researcher Sarah Miller as she presents strategies, tips, and tools to begin your ancestral research or address roadblocks using a variety of online sources. We will focus on what American records are available and how to locate them. She will also introduce international research as well as discuss strategies to feel confident in sourcing your research. Please bring family documents and info. as well as a tablet or laptop, for guided research time.

1 Session \$ 32 (Ridgefield Sr./Disab. \$ 28)
Mon., 11/16 6 to 8 p.m. ERMS

ONLINE COURSES - VIA ED2GO



Visit ed2go.com/ridgefield or <https://ridgefieldschools.org> and click ONLINE COURSES. Downloadable lessons. Class is 6 weeks long, 2 lessons a week. New sessions start every month. There is also a 3-month self-directed option. Most classes cost \$99 to \$146.

Software Applications (numerous) . . . Test Prep (SAT, GRE, Security, Project Management . . .) Accounting, Business, Non-Profit, Languages, Publishing, Health Care, and more!

CONTACT INFORMATION

(203) 431-2812 www.ridgefieldschools.org
ridgefieldcontinuingeducation@gmail.com

Writing, History, Painting, Wreaths, Knitting, Crochet, Jewelry, Feng Shui, Gardening, Mushrooms 3

THE INSTRUCTORS

more bio and course information on web site <https://ridgefieldschools.org> or phone (203) 431-2812

- Michael Canavan is an author of several novels, a collection of short stories, nonfiction books, and comics; illustrator, and long-term writing teacher.
- Lynn-Marie Wieland is a lithic (stone tools) archaeologist specializing on the Indians of the Ridgefield area up through their contact with early European settlers.
- Randy Carboni teaches Mixed Media Studio at Society of Creative Arts in Newtown, and does many demos of his unique, expressive, and energetic style. He is a CT native and an active force in the art community at The Weir Farm Artist Collective, SCAN, Ridgefield Guild of Artists, and Sherman Artists Assoc. See website.
- Valerie Kirincich, BFA and MFA, and experienced art teacher, teaches a fun wreath decorating class. More bio on web.
- Elizabeth Doty, a professional educator for over 45 years, has taught some of her hobbies, knitting and calligraphy to students of all ages for years.
- Eileen Burton, long-term instructor, has been crocheting and gardening since she was young and has worked as a horticultural manager. More on web.
- Christine Persche is a design librarian, certified Feng Shui consultant, graduate of Pratt Institute, and LEED Accredited Professional. More bio on website.
- Jackie Algon is an Advanced Master Gardener and a Board member of the Pollinator Pathway. She has taught many classes in the CT Master Gardener program.
- Eleni Andreadis, owner of Very Crafty Gals and Eleni Hope Designs, has years of experience designing jewelry and teaching jewelry and other crafts.

WRITING

Writing a Novel or Short Story

This Zoom class is for both new students and students from prior classes who are welcome back to delve deeper into different facets of their writing process. Participants will learn how to successfully create, develop, or complete their novel or short story by focusing on the basics, such as development of major and minor character backgrounds, scene creation, and a fully developed plot of all the main conflicts and actions of your story, building scenes that move your story ahead through first, second, and final drafts. Instructor: Michael Canavan.

6 Sessions \$159 (Ridgefield Sr./Disab. \$138)
Wed., 9/30; 10/7, 14, 21, 28; 11/4 6:30 to 8:30 p.m. Zoom



RIDGEFIELD HISTORY

The Dutch, The English, The Native Americans and The Deeds

This is the story of three different cultures who tried to occupy and retain possession of the same lands. Each had a different approach and political agenda as they made their land deals. The Europeans did not understand the Native Americans and vice versa especially in the beginning. This was the political climate the Proprietors of Ridgefield had to negotiate as they were establishing their new town. Instructor: Lynn-Marie Wieland, archaeologist.

2 Sessions \$54 (Ridgefield Sr./Disab. \$47)
Wed., 9/23 & 30 10 a.m. to 12 noon Annex + Z

PAINTING

Painting in Watercolor or Acrylic

An open studio art class for beginning and continuing students. This course is designed to help new artists and continuing artists to practice and refine their skills at their own pace. Instructor: Randy Carboni. Class size limited.

6 Sessions \$159 (Ridgefield Sr./Disab. \$138)
Mon., 10/19, 26; 11/2, 9, 16, 23 6:15 to 8:15 p.m. ERMS



FALL and HOLIDAY WREATHS

Craft Your Own Seasonal Wreath

Welcome the new season with a beautiful, handcrafted wreath! For all skill levels - just bring your creativity. Instructor Valerie Kirincich will bring all supplies (flowers, greenery, ribbon) to decorate a wreath to take home. A supply fee of \$19 - 21 will be collected at class. Spaces are limited.



Fall Wreath: Mon., 10/5 6:30 to 8 p.m. ERMS
1 Session \$29 (Ridgefield Sr./Disab. \$25) + \$mtls.

Holiday Wreath: Mon., 12/7 6:30 to 8 p.m. ERMS
1 Session \$29 (Ridgefield Sr./Disab. \$25) + \$mtls.

KNITTING

Visit www.ridgefieldschools.org/knitting.html for winter dates.

Studio Knitting - Beginners & Continuing

This open knitting format is for both beginners and those who want to further their knitting skills. New participants will learn the basic stitches and develop skills in maintaining an even tension in the piece. Instructor Elizabeth Doty will provide practice needles and practice yarn until the participant selects a project and purchases the needed supplies. Projects have included knitting a scarf, sweater, blanket, and handbag. Class size limited.

Mondays - 2 sections: 1 to 3 p.m. or 3:30 to 5:30 p.m.

6 Sessions \$159 (Ridgefield Sr./Disab. \$138)
Mon., 9/28; 10/5, 19, 26; 11/2, 16 (time above) Annex
7 Sessions \$185 (Ridgefield Sr./Disab. \$161)
Mon., 11/30; 12/7, 14; 1/11, 25; 2/1, 8 (time above) Annex

Tuesdays

7 Sessions \$185 (Ridgefield Sr./Disab. \$161)
Tue., 9/22, 29; 10/6, 13, 20, 27; 11/10 6 to 8 p.m. Vt. Pk Sch.
Tue., 11/17; 12/1, 8, 15; 1/12, 19, 26 6 to 8 p.m. Vt. Pk Sch.



CROCHET

Crochet for Beginners

Learn the basic stitches of crochet and work on fun projects - simple to more advanced - as you progress. Bring your own hooks or ask instructor for advice about purchasing. Practice yarn and hook provided. Instruction is for right-handed crochet. Instructor: Eileen Burton. Class size limited.

3 Sessions \$80 (Ridgefield Sr./Disab. \$69)
Tue., 10/6, 13, 20 10 a.m. to 12 noon Annex
Wed., 10/7, 14, 21 6 to 8 p.m. Veterans Park Sch.

JEWELRY

Meaningful Word Beaded Jewelry Workshop

Eleni Andreadis will teach you how to combine beaded designs with words to convey messages, set intentions, celebrate milestones. Your designs will say what YOU want (kid's names, special word, mantra . . .). You'll learn how to: use a design board; create your own unique bead and message patterns and use different stringing and finishing techniques and leave class with 2-3 beautiful bracelets and/or necklaces for yourself or to give as gifts. Class size limited. A materials fee (cash) of \$15-25 is due at class.

1 Session \$32 (Ridgefield Sr./Disab. \$28) + \$15 to 25 mtl.
Mon., 10/26 6:30 to 8:30 p.m. ERMS
Tue., 11/17 6:30 to 8:30 p.m. Veterans Park School

FENG SHUI WALK

Feng Shui Walk in Ridgefield

Come follow the path of energy through Ridgefield. After learning the principles of feng shui - how chi flows, the power of opposites, yin/yang, and the alchemy of the five elements - Christine Persche, feng shui and design specialist, will lead a walk through the heart of town and see its applications everywhere. A good way to practice looking through a feng shui lens to help illuminate and bring balance to your own living and working spaces. Weather date is 10/5.

1 Session \$32 (Ridgefield Sr./Disab. \$28)
Mon., 9/28 4 to 6 p.m. Annex

GARDENING

Make Room for Natives: Sharing the Environment with Wildlife

There has been a lot of hype about "Natives" in the past year or so. Jackie Algon's class will explore what native plants are and why they are important. For beginner or fairly-new gardeners, we will start with the basics: getting your soil ready, removing invasive plants from your property, assessing what is already growing in your yard and what you can consider adding or deleting from it, the "New Best Practices" for gardening that will help make your garden more sustainable, resilient and functional not only for the aesthetics that please humans, but also for the support of wildlife and ecology.



1 Session \$32 (Ridgefield Sr./Disab. \$28)
Wed., 9/30 6 to 8 p.m. ERMS

Sleepy Time for Gardens: Putting Your Gardens to Bed This Autumn

Many gardeners in the past spent a lot of time in their gardens in the autumn, preparing them for over wintering. New Best Practices advise significant changes in the way we approach these tasks. If we follow these recommendations, we will save ourselves much effort while providing wildlife a restful winter during which they can complete his class will explore the reasons for the new methods from the bottom (roots and soil) up and from the top (canopy) down. We will consider planting options for the cool of autumn, including some specific shrubs, trees, and perennials, as well as ground covers and determine why layering our property is a healthful strategy for the environment. Instructor: Jackie Algon.

1 Session \$32 (Ridgefield Sr./Disab. \$28)
Wed., 10/14 6 to 8 p.m. ERMS

MUSHROOM WALK

Mushroom Walk

Join mycologist, Zaac Chaves for a mycologically focused ecological outdoor tour in Ridgefield. We will identify seasonal mushrooms, catalog species (including possibly rare sightings) and even document increasing evidence of climate change locally. No experience needed. Zach Chaves, mycologist, works on species surveys for many sites, which have included the National Parks Service and others. More bio on website.



1 Session \$29 (Ridgefield Sr./Disab. \$25)
Sun., 10/18 from 4 to 5:30 p.m. at a public park in Ridgefield. Directions will be emailed on 10/15.

Lentz & Lentz SAT Test Prep

Live, virtual classes starting soon to prepare for the October, November, December SAT's.

Main Office: 14 Manor Court, New City, NY 10956

www.LentzSATPrep.com

Phone: (845) 638.2826 info@lentzsatprep.com

4 Languages: French, Italian, Spanish; ESL; CDP; GED; Event / Ballroom Dance; Line Dance

THE INSTRUCTORS more bio and course information on web site <https://ridgefieldschools.org> or phone (203) 431-2812

- Jean Vianes is a native French speaker who formerly worked for IBM in France and the U.S. and is now teaching and tutoring French.
- Nancy Maxwell was a teacher and counselor in an international school in Switzerland for over twenty years and traveled extensively throughout Europe, particularly France. She has taught French for Travelers previously in Ridgefield and has been teaching on Zoom for several years.
- Sylvana Serravezza is a native of Venice and teacher of Italian for many years at local universities and in Ridgefield Continuing Education.
- Norma Lopez-Burton, Emerita, taught all levels of Spanish at U.C. Davis' Department of Spanish and Classics, College of Letters and Science.
- Oscar Vargas, Columbia native, moved here in 1969, worked in international business, ran his own business, traveled extensively and taught here 30 years.
- Natalie Mazzola teaches a fun, no stress class. She is a former amateur 10 dance champion and long-term teacher at Vitti's School of Dance in Danbury.
- Ellen Russow and Steve Parker have been line dancing for over 32 years and teaching for over 20.

FRENCH

www.ridgefieldschools.org/french.html has text info & more.

French: Beginner 1 - Evening - in Person

For people with no or very little knowledge of French who would like to build a solid learning foundation of the language for travel, business, culture . . .



Students will discover how English and French are similar in their structure and vocabulary. Text is *Learn French the Fast and Fun Way* (Barron's 4th Ed. ISBN-10: 1438074948 or ISBN-13: 978-1438074948). Focus will be on learning alphabet (*Pronunciation*) and numbers, listening, written comprehension and short conversation related to everyday life situations with native speaker, Jean Vianes.

8 Sessions (12 hours) \$ 174 (Ridgefield Sr./Disab. \$ 157)
Mon., 10/19 - 12/7 6 to 7:30 p.m. ERMS

French: Basic Users Cont'd - Evening - Zoom

This Zoom class continues the French for Basic Users class from last spring and is for people who have a little experience of the language. Participants can express personal information, needs, and everyday events in French and are building vocabulary, strengthening grammar and pronunciation. We will continue to build additional foundation and become familiar with practical, everyday usage using a variety of sources and practice French together in an easy, relaxed atmosphere. We will continue to explore the richness of French culture and history – tantalizing tidbits for those considering a visit to France! Newcomers with equivalent experience are welcome. Text is *French Made Easy Level 1* by Lingo Mastery. Instructor: Nancy Maxwell.

8 Sessions (12 hours) \$ 174 (Ridgefield Sr./Disab. \$ 157)
Mon., 9/28 - 11/23 (not 10/12) 5:30 to 6:55 p.m. Zoom

French: Intermediate Continued - Evening

Continue this past spring's class with native speaker, Jean Vianes. Newcomers with equivalent knowledge are welcome. Students will consolidate already acquired vocabulary and strengthen their expression. Discussions between the attendees themselves and the speaker at each session. Topics covered will be linked to daily life, tourism, history, books, health, shopping, etc. There will be references in the classes to grammar, spelling, expressions and conjugation. The idea is to bring all students closer to fluency in speech. Please bring the text *Learn French the Fast and Fun Way* (Barron's 4th Ed).

8 Sessions (12 hours) \$ 174 (Ridgefield Sr./Disab. \$ 157)
Wed., 10/7 - 12/9 (not 11/11, 25) 6 to 7:30 p.m. ERMS

French: Intermediate/Advanced – Day

We will read various articles about France, French culture and the French language. Handouts will be distributed at the beginning of each class. Instructor: Jean Vianes.

8 Sessions (12 hours) \$ 174 (Ridgefield Sr./Disab. \$ 157)
Wed., 10/7-12/9 (not 11/11, 25) 11 am to 12:30 pm Annex

SPANISH

www.ridgefieldschools.org/spanish.html has text info & more.

Spanish: True Beginner, Part 1 - Day

Norma Burton-Lopez' course for students who have had little to no Spanish instruction. It covers basic vocabulary, grammar, and conversation using the present tense. Text eMailed. More on website above.
8 Sessions (12 hours) \$ 174 (Ridgefield Sr./Disab. \$ 157)
Tue., 9/29-12/8 (not 11/10,17,24) 10 to 11:30 am Annex

Spanish: True Beginner, Part 2 - Day

Continues the class above in winter / spring 2027.

Spanish: Beginner 1 Plus - Evening - Zoom

For students with a little past Spanish experience. Class reviews and covers basic vocabulary, pronunciation, elementary conversation, sentence structure, and basic grammar using the present and past tenses. Focus is on how to carry on simple conversations in Spanish, as spoken in Latin America. Text is *Learn Spanish the Fast and Fun Way* (Barron's, 4th Edition). Instructor: Oscar Vargas.
6 Sessions (12 hours) \$ 174 (Ridgefield Sr./Disab. \$ 157)
Mon., 9/28; 10/5, 19, 26; 11/2, 9 7 to 9 p.m. Zoom

Spanish: True Beginner, Part 3 / Adv. Beginner - Day

Norma Burton-Lopez' course for students continuing from Part 2. Newcomers with equivalent experience are welcome. We cover additional vocabulary, grammar and conversation in the past tense and introduce other tenses such as future and conditional. Materials eMailed. Info on website.
8 Sessions (12 hours) \$ 174 (Ridgefield Sr./Disab. \$ 157)
Tue., 9/29-12/8 (not 11/10,17,24) 11:45 am to 1:15 pm Annex

Spanish: Intermediate 1 – Day

Continues the class above in winter / spring 2027.

Spanish: Advanced Conversation – Zoom

For continuing students and newcomers who can maintain a conversation in Spanish. Class will be conducted in Spanish and will include review of grammar concepts (as needed) and vocabulary, reading and class discussion of current events and articles, and discussion of an assigned movie. Instructor: Oscar Vargas.

6 Sessions (12 hours) \$ 174 (Ridgefield Sr./Disab. \$ 157)
Thur., 10/8, 15, 22, 29; 11/5, 12 7 to 9 p.m. Zoom

Winter / Spring date info available late December at

www.ridgefieldschools.org/spanish.html

ESL (English as a 2nd Language)

ESL (English as a 2nd Language), GED

Residents of Ridgefield, Danbury, Bethel, Brookfield, New Fairfield or Newtown may take ESL (phone (203) 501-4216), Citizenship, CDP, and GED (phone (203) 797-4731) classes are free. Register in Danbury in January and August at the WERACE Community Resource Center in Danbury from 8 a.m. to 4 p.m.

ONLINE COURSES - VIA ED2GO

Visit ed2go.com/Ridgefield and CLICK in the search box, type languages, press Enter.

French, Italian, Japanese, Spanish, ESL and Sign Language are available. \$99 to \$146.



ITALIAN

www.ridgefieldschools.org/italian.html has text info & more.

Italian 1: Beginner, Part 1 – in Person

Sylvana Serravezza's course, for people new to Italian, focuses on practical conversation, basic language structure and culture. Great for people traveling to Italy. Text is *Italian Made Simple* by C. Mazzone.

7 Sessions (10.5 hours.) \$ 152 (Ridgefield Sr./Disab. \$ 137)
Mon., 10/19, 26; 11/2, 9, 16, 23, 30 6:15 to 7:45 p.m. ERMS

Italian 1: Beginner, Part 2 – in Person

Continues part 1 above in 2027. Details at www.ridgefieldschools.org/italian.html

Italian: Intermediate – in Person

For people with some background in the language's basic structure and comfortable with immersion. Expand vocabulary and grammar. Discuss culture, food, travel... Text is *Italian Made Simple* by C. Mazzone (starting at Chapter 20). Instructor: Sylvana Serravezza.

7 Sessions (10.5 hours.) \$ 152 (Ridgefield Sr./Disab. \$ 137)
Wed., 10/7-12/2 (not 11/11, 25) 2 to 3:30 p.m. Annex

Italian: Advanced – in Person

Continue developing skills in listening comprehension, speaking, reading and writing. Reading of a short story and independent weekly assignments to be presented and to be discussed by the class. Text is *Advanced Italian Step-by-Step* by Paola Nanni-Tate. Instructor: Sylvana Serravezza.

7 Sessions (10.5 hours.) \$ 152 (Ridgefield Sr./Disab. \$ 137)
Wed., 10/7-12/2 (not 11/11, 25) 6:15 to 7:45 pm ERMS

BALLROOM / SOCIAL DANCE

Event Dance Boot Camp: Beginner/Brush Up

Natalie Mazzola teaches basic Rumba, Cha-Cha, East Coast Swing and more steps to beginners and those who have been away from dance a while.

5 Sessions \$ 140 per couple
Mon., 9/28; 10/5, 19, 26; 11/2 7:15 to 8 p.m. ERMS
Mon., 11/9, 16, 23, 30; 12/7 7:15 to 8 p.m. ERMS



Ballroom Dance: Advanced Beginner

Natalie Mazzola's class for couples that know the basics. See www.ridgefieldschools.org/dance.html

5 Sessions \$ 140 per couple
Mon., 9/28; 10/5, 19, 26; 11/2 8:05 to 8:50 p.m. ERMS
Mon., 11/9, 16, 23, 30; 12/7 8:05 to 8:50 p.m. ERMS

LINE DANCE

Line Dance: Beginners

The ideal workout. Burn fat and calories while you're having fun! If you know your right from your left and can count to 8, you can line dance! We'll start with the basics and build from there. If you've been to this course before, come on back, we have new dances lined up for this course. Please bring a water bottle and wear leather or suede soled shoes. Instructors: Ellen Russow and Steve Parker.

5 Sessions \$ 68 (Ridgefield Sr./Disab. \$ 59)
Wed., 9/30; 10/7, 14, 21, 28 7 to 8 p.m. ERMS
Wed., 1/13, 20, 27; 2/3, 10 7 to 8 p.m. ERMS

3 Sessions \$ 42 (Ridgefield Sr./Disab. \$ 37)
Wed., 12/2, 9, 16 7 to 8 p.m. ERMS



Event / Ballroom Dance; Line Dance; Yoga; Tai Chi; Qi Gong; Cardio Workouts; La Blast; Zumba 5

THE INSTRUCTORS

more bio and course information on web site <https://ridgefieldschools.org> or phone (203) 431-2812

- Erin Lutz is a Registered Yoga Teacher (200 hr. RYT) who teaches in this area. She is certified through InnerSpace with Karen Pierce at Yoga Space in Bethel.
- Mary Sireci, a certified Hatha Yoga and Phys. Ed. Teacher, has been a dedicated yogi for years and is trained in making modifications for individual needs.
- Gwen Roman has taught Tai Chi in Ridgefield since 2005 and has trained with Myles MacVane, Alex Dong, Master Bing, and Wang Feng-Ming.
- Rod Barfield, a former NYC teacher, started doing Tai Chi exercises in 1994, has studied under Gwen Roman for 8 years and taught here over 7 years.
- Denise D'Arbonne Nethercott combined her passions for ballroom dance and physical fitness and became certified in LaBlast Fitness in 2019.
- Yolima Solano is licensed in Zumba®, a lifelong dancer, originally from Colombia, who enjoys teaching Zumba in the area. She is also a dental hygienist.
- Jill Salvitti has been licensed in Zumba® for 8 years and enjoys both teaching and taking Zumba® classes in the area. She is a full-time paralegal.
- Patricia Anikewich, a fitness buff and marathon runner, holds many group exercise certifications and also teaches at fitness centers in New York.
- Deby Goldenberg has practiced and taught martial arts (3rd degree black belt) and Tai Chi for decades and is also an Amrit Yoga Nidra therapist.
- Marianne Paradiso has studied mind-body since high school, qigong and tai chi as a student and practice leader since 2017. www.ridgefieldschools.org/taiichi.html
- Charles Greenberg is an experienced academic librarian and library director with specialties in new technologies and medical research at several major universities in the U.S. and China. He now teaches at the School of Information for San Jose State University (online) and at Camden County College in NJ. More on website.

YOGA

Gentle Flow Yoga - Evening

For beginner/intermediate students looking to deepen their yoga practice. Explore the fundamentals of a flowing yoga practice (vinyasa) as well as traditional poses. Benefits include increased strength, mobility, flexibility along with improved circulation and stress reduction. Increase your awareness of body and breath and end with a deep relaxation (Savasana). Modifications are provided to allow all students to find their own combination of challenge and balance. Please bring a mat, blocks, blanket or towel and a water bottle. Instructor: Erin Lutz. The 1/4 class is Zoom only.
6 Sessions \$ 80 (Ridgefield Sr./Disab. \$ 69)
Mon., 9/28; 10/5, 19, 26; 11/2, 9 6:15 to 7:15 p.m. ERMS
Mon., 11/16, 23, 30; 12/7, 14; 1/4 6:15 to 7:15 p.m. ERMS

Gentle Yoga + Stretch - Evening

This class is designed to generate ease within the body, by poses that are strengthening, lengthening, and suitable to meet the needs of each student. Students will learn how to stretch those hard to reach muscles, increase flexibility and move with a greater range of motion. Use of dynamic and static stretches will be explored in each class. Yoga magic and some meditation brings peace and calm to the mind. Bring mat, blocks, towel, water bottle. Instructor: Mary Sireci.
7 Sessions \$ 93 (Ridgefield Sr./Disab. \$ 81)
Wed., 9/30 - 11/18 (not 11/11) 6:30 to 7:30 p.m. VP Sch.

TAI CHI STRENGTH EXERCISES

Tai Chi for Strength and Balance: the Natural Way to Promote Health

Learn 35 basic Tai Chi exercises designed to promote health, stress relief, concentration, balance, coordination, and internal organ massage based on *Step by Step Tai Chi: the Natural Way to Strength and Healing* by Master Lam Kam Chuen. You will need two 2-3 lb. weights. Instructor: Rod Barfield.

7 Sessions \$ 93 (Ridgefield Sr./Disab. \$ 81)
Tue., 9/22, 29; 10/6, 13, 20, 27; 11/10 10 to 10:55 a.m. Zoom
Tue., 11/17; 12/1, 8, 15; 1/5, 12, 19 10 to 10:55 a.m. Zoom
Wed., 9/23, 30; 10/7, 14, 21, 28; 11/4 6:30 to 7:25 p.m. ERMS
Wed., 11/18; 12/2, 9, 16; 1/6, 13, 20 6:30 to 7:25 p.m. ERMS
8 Sessions \$ 106 (Ridgefield Sr./Disab. \$ 92)
Thur., 9/17 - 11/5 10 to 10:55 a.m. Annex+Z
Thur., 11/12-1/21 (not 11/26; 12/24,31) 10 to 10:55 am Anx+Z

TAI CHI / QI GONG

Beginning Tai Chi / Qi Gong

An open level class that begins with breath work, grounding, meditation, followed by stretching and strengthening and Qi Gong movements that help us learn energy flow. Tai chi form is done at end of class. Instructor: Deby Goldenberg with Marianne Paradiso.
Wed., dates to be scheduled. 1 to 1:55 p.m. Annex
Please email or call to be on a notification list.

CONTACT INFORMATION – (203) 431-2812

ridgefieldcontinuingeducation@gmail.com

TAI CHI - FORM

Tai Chi (Yang Long Form)

Tai Chi, the gentle form of exercise often called meditation in motion, has been practiced in China for hundreds of years and is a discipline used for health, relaxation, and meditation. It helps relieve stress, increase strength and flexibility, improve balance, coordination, circulation, and overall physical and mental health. Its slow and graceful movements make it accessible to anyone, regardless of age or athletic ability. Tai Chi is also an effective martial art.

Beginning Tai Chi (Yang Long Form)

Participants learn the first 21 moves.

Wednesday Evening with Gwen Roman

8 Sessions \$ 106 (Ridgefield Sr./Disab. \$ 92)
Wed., 9/23 – 11/18 (not 11/11) 6 to 6:50 p.m. ERMS
Wed., 12/2 – 2/3 (not 12/23, 30) 6 to 6:50 p.m. ERMS

Beginning with Rod Barfield

eMail ridgefieldcontinuingeducation@gmail.com or phone (203) 431-2812 to be on notification list for class to be scheduled.

Beginner Plus with Rod Barfield

Call or email for details. Must have taken beginners at least twice.

8 Sessions \$ 106 (Ridgefield Sr./Disab. \$ 92)
Thur., 9/17 - 11/5 12 to 12:55 p.m. Annex
Thur., 11/12-1/21 (not 11/26; 12/24,31) 12 to 12:55 p.m. Anx
Class meets at the Annex (Outdoors when weather permits)

Tai Chi Intermediate (Continuing)

Mastery of the Beginning class above.

Wednesday Evening with Gwen Roman

8 Sessions \$ 106 (Ridgefield Sr./Disab. \$ 92)
Wed., 9/23 – 11/18 (not 11/11) 5 to 5:50 p.m. ERMS
Wed., 12/2 – 2/3 (not 12/23, 30) 5 to 5:50 p.m. ERMS

Thursday Morning with Rod Barfield

8 Sessions \$ 106 (Ridgefield Sr./Disab. \$ 92)
Thur., 9/17 - 11/5 11 to 11:55 a.m. Annex
Thur., 11/12-1/21 (not 11/26; 12/24,31) 11 to 11:55 a.m. Anx
Class meets at the Annex (Outdoors when weather permits)

PRACTICAL BUDDHISM

Practical Buddhism and the Search for Self

This course explores practical Buddhism as a path to self-discovery and inner peace. We will examine core Buddhist history concepts like mindfulness, impermanence, and compassion, and apply them to daily life. Through discussion on the myths of a happy life, you will learn to understand the human interconnection with the environment, practice cultivating self-awareness, and navigate the challenges of modern life with greater wisdom and kindness. Many concepts are in the Buddhist bestseller, *The Buddha in Your Mirror - Practical Buddhism and the Search for Self* – see website. Instructor Charles J Greenberg has taught this informative class many times.

1 Session \$ 32 (Ridgefield Sr./Disab. \$ 28)
Thur., 10/15 2:30 to 4:30 p.m. Zoom
Thur., 10/29 7 to 9 p.m. Zoom
Thur., 12/3 2:30 to 4:30 p.m. Zoom



LA BLAST, ZUMBA, BODY BURN

LaBlast Fitness® Cardio Dance Workout with Denise with Light Weights

You'll get your heart rate up and sweat a bit with this aerobic workout created by Louis Van Amstel of Dancing with the Stars. LaBlast® is a partner-free, fun, simple, low impact, safe, all level cardio / dance workout. Some exercises use optional light weights. No mat. Bring light hand weights (if available) and water bottle. Wear sneakers. Instructor: Denise Nethercott.
8 Sessions \$ 99 (Ridgefield Sr./Disab. \$ 86)
Mon., 9/28 – 11/23 (not 10/12) 5:45 to 6:35 p.m. ERMS



Zumba® with Yolima (Tue.) and Jill (Thur.)

Zumba, a high-energy fitness workout, combines Latin and international music with dance moves, creating a fun and effective workout. It incorporates elements of aerobic, interval, and resistance training, maximizing calorie burning and cardiovascular benefits. Move to the rhythm of salsa, flamenco, merengue, and other global beats. Wear sneakers and bring water. Makeup, if needed, added to end.

6 Sessions - Yolima \$ 75 (Ridgefield Sr./Disab. \$ 65)
Tue., 9/22, 29; 10/6, 13, 20, 27 6 to 6:50 p.m. VP Sch.
Tue., 11/10, 17, 24; 12/1, 8, 15 6 to 6:50 p.m. VP Sch.
7 Sessions - Jill \$ 87 (Ridgefield Sr./Disab. \$ 76)
Thur., 9/24; 10/1, 8, 15, 22, 29; 11/5 6:30 to 7:20 p.m. VP Sc
Thur., 11/12, 19; 12/3, 10, 17; 1/7, 14 6:30 to 7:20 p.m. VP Sc

Full Body Burn and Tone with Pat on Zoom

A full body workout for all levels, led by Pat Anikewich, designed to burn calories and sculpt lean muscle by using elements of cardio, strength training, and stretch. Modifications offered. Weights optional. Need mat, weights, water.

6 Sessions \$ 75 (Ridgefield Sr./Disab. \$ 65)
Thur., 9/24; 10/1, 8, 15, 22, 29 6 to 6:55 p.m. Zoom
Thur., 11/5, 12, 19; 12/3, 10, 17 6 to 6:55 p.m. Zoom

BRING WATER AND TOWEL TO EVERY CLASS:

Yoga – also bring a mat, blocks

La Blast, Tai Chi Strength – also bring light weights.

MEDICAL QUESTIONS: We expect students to consult with their doctor before starting a new exercise program.

HEALTH INFORMATION

Consumer Health Information for All

Empower yourself to become an informed healthcare consumer. Learn to critically evaluate various sources of health information, recognize mis-information, and identify reliable websites and resources. Topics include sources of medical terminology, accurate information on rare diseases, and communicating effectively with healthcare providers to make sound health decisions. Instructor: Charles Greenberg was a medical librarian at Yale, Columbia for years.

1 Session \$ 32 (Ridgefield Sr./Disab. \$ 28)
Thur., 10/1 2:30 to 4:30 p.m. Zoom
Thur., 11/19 2:30 to 4:30 p.m. Zoom

6 iPhone, Photography, AI, Excel, Windows, PowerPoint, eBay, Business Strategy, Elder Law

THE INSTRUCTORS more bio and course information on web site <https://ridgefieldschools.org> or phone (203) 431-2812

- Lance Whitney, system administrator, trainer, technology journalist and author of "Teach Yourself Visually LinkedIn" has also written books on Windows.
- Peggy Bruno has developed computer courses and trained many adults in business office software, such as Excel and PowerPoint for many years.
- Michele F. Murphy, JD, RN, MSN and Thomas E. Murphy, JD are Veterans Affairs accredited Attorneys. Bio at www.ridgefieldschools.org/business.html
- Natalie Mazzola, a consultant at NCM Business Consulting with a business degree from Western Connecticut State University, brings 30+ years of hands-on experience across the construction, real estate, and dental sectors, helping business owners adjust operations, target marketing, and see financial clarity.
- John Zappala has a degree in fine arts and many years of experience as a photographer and photography instructor.

Technology Classes and Tutorials ~ Both in Person and Interactive, Online on Zoom

Classes size is limited or schedule a tutorial. Contact (203) 431-2812 or ridgefieldcontinuingeducation@gmail.com Small group classes and tutorials can be scheduled in all classes below, **PLUS:** File Management, Word, iPad, Photoshop Elements, Facebook, X, LinkedIn . . .

AI, eBAY

Artificial Intelligence - AI for Everyone

Tech journalist Lance Whitney will show you the major AI sites – Chat GPT, Bing AI, and Google Bard - and describe how to use them. He will also provide an overview of AI, explain what it means, and show you how AI can benefit you at work and at home. **OPTIONAL** – bring your laptop. Instructor Lance Whitney.

2 hours	\$ 40 (Ridgefield Sr./Disab. \$ 36)	
Wed., 9/30	1 to 3 p.m.	Annex
Thur., 10/15	1 to 3 p.m.	Annex
Fri., 10/30	1 to 3 p.m.	Annex
Wed., 11/18	1 to 3 p.m.	Annex

How to Sell Items On eBay

Prerequisite: Basic computer and Internet skills. eBay seller Lance Whitney will show you how you can sell used or collectible items successfully on eBay. You'll learn how to: set up accounts with eBay and PayPal; price and prepare the right items for sale; list your items to increase your chances of a sale; work with buyers; ship your items, and deal with any problems that arise.

2 hours	\$ 40 (Ridgefield Sr./Disab. \$ 36)	
Wed., 10/7	1 to 3 p.m.	Annex
Thur., 10/29	1 to 3 p.m.	Annex

BUSINESS STRATEGY

Strategy for Small Business

You started your business because of a passion you may have had, or maybe you are the next generation of a family business. Understanding where each dollar goes may have not been high on your agenda as you are working hard just to get things done. Your business may have grown and now you have employees to take care of and nurture. You are trying to grow and get more business in the door. Let us have a discussion on how to customize these subjects based on your business goals. These three tailored seminars are designed to help small business owners build a self-sustaining business, optimize daily operations, and scale profitability. Instructor: Natalie Mazzola brings clarity to your challenges. See bio above and more at <https://ridgefieldschools.org/business.html>

Seminar 1: The Systems-Driven Business (Operations & Team Development) on 10/5

Seminar 2: Visibility & Reputation (Marketing & Google Reviews) on 10/19

Seminar 3: Profit Mastery (Decoding Your P & L) on 10/26

3 Sessions	\$ 61 (Ridgefield Sr./Disab. \$ 53)	
Separately,	\$ 29 per session (Ridgefield Sr./Disab. \$ 25)	
Mon., 10/5, 19, 26	5:30 to 6:30 p.m. + Q & A	ERMS

ONLINE TECH COURSES VIA

Visit ed2go.com/Ridgefield or <https://ridgefieldschools.org> and click **ONLINE COURSES**. Class is 6 weeks long, 2 lessons a week. New sessions start every month. Instructor-led & 3 month self-directed options. Most classes cost \$99 to \$146.



EXCEL, WINDOWS, POWERPOINT

More dates/info at ridgefieldschools.org/computer.html

Excel 365 for Windows - Introduction

Learn to create, update, and format worksheets and charts. Enter basic formulas. Open, Save As, cut, copy, paste, move, drag & fill, delete and more. Peggy Bruno.

2 hours	\$ 40 (Ridgefield Sr./Disab. \$ 36)	
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Tue., 10/6	1 to 3 p.m.	Annex
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Thur., 11/5	4 to 6 p.m.	Annex
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Excel 365 for Windows - Intermediate

Linking sheets and workbooks; relative, absolute, and mixed cell references; additional charts; cell protection, and more. Instructor: Peggy Bruno.

2 hours	\$ 40 (Ridgefield Sr./Disab. \$ 36)	
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Tue., 10/13	1 to 3 p.m.	Annex
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Thur., 11/12	4 to 6 p.m.	Annex
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Excel 365 for Windows - Advanced

Includes pivot tables and charts; V Lookup; database features; IF statements . . . Instructor: Peggy Bruno.

2 hours	\$ 40 (Ridgefield Sr./Disab. \$ 36)	
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Tue., 10/20	1 to 3 p.m.	Annex
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Thur., 11/19	4 to 6 p.m.	Annex
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PowerPoint 365 for Basic Users

Prerequisite Word skills. Create and modify presentations. Insert pictures and more. Change text, color schemes, background, fonts, layout, and slide order. Add animation, transition, movement and sound. Instructor: Peggy Bruno.

2 hours	\$ 40 (Ridgefield Sr./Disab. \$ 36)	
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Tue., 9/29	1 to 3 p.m.	Annex
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Thur., 10/29	4 to 6 p.m.	Annex
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Windows 11 Basics & Your Computer

Prerequisite: Basic computer skills. Lance Whitney will ease your transition to Windows 11. Topics: customize the Windows 11 Start menu and desktop, use some of the built-in Windows apps, work with the Edge browser, personalize Windows using its array of settings, and use AI with Microsoft Copilot. Bring your Windows 11 laptop to class or follow along as we demonstrate the different features.

2 hours	\$ 40 (Ridgefield Sr./Disab. \$ 36)	
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Wed., 9/23	1 to 3 p.m.	Annex
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Thur., 10/22	1 to 3 p.m.	Annex
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ELDER LAW

Elder Law: Protect Yourself with Trusts

Attorneys Murphy teach you how to avoid probate, minimize estate taxes, protect assets from Medicaid, preserve IRA funds, provide for disabled family members, protect your estate from your children's creditors. Trusts keep you in control: You say what goes in, comes out, and who does what. Avoid conservatorship during incapacity, litigation over your estate, probate costs, and Medicaid forfeitures. Includes Revocable Living Trusts, Asset Protection Trusts, IRA Trusts, Special Needs Trusts, and Testamentary Trusts.

1 Session	\$ 29 (Ridgefield Sr./Disab. \$ 25)	
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Wed., 11/18	6:30 to 8 p.m.	Zoom
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Software Applications from Python to <https://www.python.org/> QuickBooks to Photoshop to Web Design to Graphics. Certification Test Prep from Comp TIA A+ to Security, Project Management and more . . .

PHOTOGRAPHY: DSLR, iPHONE

Basic Digital Camera Operation

Bring your DSLR or mirrorless camera and manual to class. This course will guide you to knowing how to take pictures you can be proud of and having a good knowledge of photography in general. John Zappala will explain all relevant buttons and switches so that your picture will come out well exposed and sharply focused. You will learn how to freeze the action in sports; create beautiful portraits with that blurry background, and use your flash as professional fashion and wedding photographers do. You'll become truly confident in your picture taking abilities.

4 Sessions	\$ 106 (Ridgefield Sr./Disab. \$ 92)	
Mon., 9/28; 10/5, 19, 26	6:30 to 8:30 p.m.	ERMS

Flash Photography - (Creating Beautiful Portraiture with Electronic Flash)

This flash photography course will teach you techniques used by professional wedding portrait and fashion photographers that will enable you to create portraits most flattering to your subject. You will learn how to mix natural light with your flash to create a soft beautiful light; learning to create this light will give you, as the photographer, the ability to make your friends and family look their best in the pictures you take. Instructor John Zappala.

2 Sessions	\$ 54 (Ridgefield Sr./Disab. \$ 47)	
Mon., 11/2 & 9	6:30 to 8:30 p.m.	ERMS

iPHONE and PHOTOGRAPHY

Get the Most Out of Your iPhone

Bring your iPhone (model X and higher), Apple ID, password and charger to class and Lance Whitney will show you how to use eMail, calendar, maps, and other basic programs. Learn how to take photos and videos, listen to music and podcasts, and organize your apps. We'll look at Apple's App Store where you can download many free and paid apps.

2 hours	\$ 40 (Ridgefield Sr./Disab. \$ 36)	
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Fri., 10/2	1 to 3 p.m.	Annex
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Wed., 10/28	1 to 3 p.m.	Annex
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Thur., 11/12	1 to 3 p.m.	Annex
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iPhone Photography

Want to learn how to take great photos and videos with your iPhone? Lance Whitney will show you how to use all the iPhone's camera features and modes, how to compose and capture the right shots, and how to use certain effects to enhance your photos. We'll also look at the Photos tool on the iPhone to teach you how to edit and organize your photos. Please have your iPhone at class so you can try out the different tools and tricks that we cover.

2 hours	\$ 40 (Ridgefield Sr./Disab. \$ 36)	
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Fri., 10/16	1 to 3 p.m.	Annex
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Wed., 11/4	1 to 3 p.m.	Annex
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Thur., 11/19	1 to 3 p.m.	Annex
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CONTACT INFORMATION

(203) 431-812

ridgefieldcontinuingeducation@gmail.com

THE INSTRUCTORS more bio and course information on web site <https://ridgefieldschools.org> or phone (203) 431-2812

- Lynn-Marie Wieland is a lithic (stone tools) archaeologist specializing in southern New England prehistory focusing on the Indians of the Ridgefield area up through their contact with the early European settlers. She minored in Meso American Archaeology and has traveled extensively in Central America.
- Nancy Maxwell, a Cornell graduate and history teacher for over 30 years, shares many anecdotes that give humanity and life to the historical figures.
- Craig Coffman, 30-year music teacher (piano, Ukulele, guitar), music director, professional pianist. Bio and more at <https://ridgefieldschools.org/music.html>

RIDGEFIELD HISTORY

The Dutch, The English, The Native Americans and The Deeds

This is the story of three different cultures who tried to occupy, and retain possession of the same lands. Each had a different approach and political agenda as they made their land deals. More on page 3. Instructor: Lynn-Marie Wieland, archaeologist.

2 Sessions \$ 54 (Ridgefield Sr./Disab. \$ 47)
Wed., 9/23 & 30 10 a.m. to 12 noon Annex + Z

MUSIC – JAZZ APPRECIATION

A Visual History of American Jazz Music

This is a 5 session series where we explore, both visually and audibly, specific topics in Jazz every other week. Instructor: Charles Greenberg is an experienced academic librarian and teacher (more bio on page 5 and website) who is an avid jazz fan and taught American Jazz in China. Bio on page 5. Visit www.ridgefieldschools.org/music.html for detailed descriptions for each topic below!

Origins and Urbanization: New Orleans, Migration North, and East (10/7)

From Dance to Bop: Big Bands, Swing, Bebop, Hard Bop (10/21)

New Sounds and Freedom: The 1960s and 1970s (11/4)

Acoustic and Digital Artistry 1980 - 2000 (11/18)

Post Millennium Innovation 2001 - Present (12/2)

5 Sessions \$ 99 (Ridgefield Sr./Disab. \$ 86)
Separately, the price is \$29 per session.
Wed., 10/7, 21; 11/4, 18; 12/2 1 to 2:30 p.m. Zoom

♪ PIANO, GUITAR, UKULELE ♪

Music Lessons for Busy People - on Zoom

In a few hours, you can learn enough trade secrets to learn to play the way professionals do - using chords, which are easier to learn than reading notes. Tuition includes materials and online follow up lessons. www.ridgefieldschools.org/music.html has bio and more info. This online class is hands on instruction, lecture and demo. Instructor: Craig Coffman. Visit www.ridgefieldschools.org/music.html for detailed descriptions for each instrument below!

Instant Piano - for Busy People - on Zoom

1 Session Mon., 10/19 6:30 to 9 p.m. on Zoom \$ 69

Instant Guitar - for Busy People - on Zoom

1 Session Tue., 10/20 6:30 to 9 p.m. on Zoom \$ 69

Instant Ukulele - for Busy People - on Zoom

1 Session Thur., 10/22 6:30 to 9 p.m. on Zoom \$ 69

INTERESTED IN TEACHING?

If you can communicate the complexities of your area of expertise to others in a fun and easy manner, please phone (203) 431-2812 or eMail your resume and course description to ridgefieldcontinuingeducation@gmail.com

EUROPEAN HISTORY

The Creation of Italy

Italy is a relatively new country, and the fabled cities of Florence, Naples, Rome, and Venice did not all join Italy willingly! It took a combination of the wily statesman Camillo Cavour, the political activism of the secret revolutionary Giuseppe Mazzini, and the romantic nationalism of Giuseppe Garibaldi – none of whom wanted to work together - to draw the “Italians” together. Napoleon III and Bismarck had something to add. Nancy Maxwell will discuss the personalities and events that led to a unified Italy in 1871.

1 Session \$ 29 (Ridgefield Sr./Disab. \$ 25)
Fri., 10/2 10 to 11:30 a.m. Zoom

The Creation of Germany

Germany's path to unification in 1871 was blocked by many small holdings ruled by independent noble families and surrounded by the powerful states of Austria and France. Perhaps because of her dominant role in two world wars, it is easy to think of Germany as an old nation with a long history, but Germany is a young state, less than 150 years old. Despite earlier attempts, it took the rise of Otto von Bismarck, with his cunning, wisdom, and political acuity, to overcome all these obstacles and establish the German Empire. Nancy Maxwell will discuss the events and personalities that led to Germany's creation.

1 Session \$ 29 (Ridgefield Sr./Disab. \$ 25)
Fri., 10/16 10 to 11:30 a.m. Zoom

Franz Joseph - The Last Habsburg Emperor

Born into a dynasty steeped in centuries of power and tradition but teetering on the brink of collapse, Franz Joseph inherited a sprawling, disparate empire that was crying for reform and a dysfunctional family that suffering from the effects of intrigue and inbreeding. With extraordinary self-discipline and dedication, Franz Joseph managed to hold them all more or less together, but at the end of his long reign saw the destruction of everything. Franz Joseph's life is a gripping tale of duty, power, politics, love, and loss, all played out on the world stage. Instructor: Nancy Maxwell.

1 Session \$ 29 (Ridgefield Sr./Disab. \$ 25)
Fri., 10/23 10 to 11:30 a.m. Zoom

Kaiser Wilhelm II – 10/30

Raised by modern minded royal parents, indulged by his grandmother Queen Victoria, Kaiser Wilhelm II of Germany was well positioned to lead his state into the new century with a peaceful, pragmatic approach. But Wilhelm was about as complicated a ruler as can be imagined, and instead, his aggressive bluster and posturing split the family, divided Europe into opposing camps, and drove the world inexorably to World War I. How did it happen? What was he thinking? In assessing Wilhelm, historians may confuse the nation with the man, but an exploration of his life reveals surprising answers about the last emperor of Germany. Instructor: Nancy Maxwell.

1 Session \$ 29 (Ridgefield Sr./Disab. \$ 25)
Fri., 10/30 10 to 11:30 a.m. Zoom

EUROPEAN HISTORY

The Russian Revolution

Like the German and Austrian empires, the Russian empire too was a casualty of the First World War. Had war not broken out, would the tsars have been able to maintain autocratic control of the country? Had Lenin not returned via a sealed train, would the moderate politicians have prevailed? This course will examine the state of Russia and its government in the early twentieth century and then follow the chain of events that toppled Nicholas II, destroyed the Romanov dynasty, and brought Lenin to power after the outbreak of war. Instructor: Nancy Maxwell.

2 Sessions \$ 42 (Ridgefield Sr./Disab. \$ 37)
Fri., 11/13 and 20 10 to 11:30 a.m. Zoom

World War I

The assassination of Archduke Ferdinand of Austria in August 1914 triggered a chain of events that culminated in a global war. By its end, three empires had collapsed, European society had been irrevocably changed, and a new map was drawn. Was this war inevitable? Were the Germans to blame? This course covers the alliances, personalities, and political ideals that shaped the course of events of World War I and its aftermath. Instructor: Nancy Maxwell.

2 Sessions \$ 42 (Ridgefield Sr./Disab. \$ 37)
Fri., 12/4 & 11 10 to 11:30 a.m. Zoom

Love and Treachery – Edward VIII and Wallis Simpson

King Edward VIII relinquished the English throne and left his country to marry Wallis Simpson, an American divorcee. Forbidden to enter England, they spent their lives in exile. Surely this a love story for the ages! But was it? Did Wallis even like Edward? Did she expect to become queen? Was Edward a loyal Englishman? Close examination and new evidence reveal a different picture. Instructor: Nancy Maxwell.

1 Session \$ 29 (Ridgefield Sr./Disab. \$ 25)
Fri., 1/8 10 to 11:30 a.m. Zoom

George VI - The Reluctant King

George VI – Bertie, to his family – grew up in the shadow of his dapper, charismatic older brother Edward, the heir to the English throne and future King Edward VIII. Shy, dutiful, and principled, Bertie accepted his secondary role and was content with a life of happy domesticity with his wife and children. But fate had other things in store: his brother's shocking abdication thrust Bertie into a role he did not want – that of king! What did he think of his brother? How did he respond? It fell to Bertie, as King George VI, to hold the monarchy together after the abdication, World War II, and the decline of the empire, and to prepare his daughter Elizabeth to succeed him. That the British monarchy survives to this day is in no small part due to the dedication of this unlikely king. Instructor: Nancy Maxwell.

1 Session \$ 29 (Ridgefield Sr./Disab. \$ 25)
Fri., 1/22 10 to 11:30 a.m. Zoom

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<u>Course</u>	<u>Start Date & Time</u>	<u>Location*</u>	<u>Price**</u>
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Options at: <https://ridgefieldschools.org/satprep.html>
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