

Ridgefield Continuing Education

Please keep this handy as a course reference. More Spring and Summer dates will be added to the website!
Updated 4/10/25.
SAT Prep info - see page 2, 8 and website.

Courses Start on a Rolling Basis ~ Now and Spring into Summer 2025



Courses Available - Learning Options

Bridge, Mah Jongg, Guitar, Ridgefield Archaeology, SAT Prep	2
Writing, Comics, Mosaics, Polymer Clay	3
Knitting, Drawing, Painting	3
Gardening: Organic, Native; Mushroom Walk	3
Languages: French, German, Italian, Spanish	4
Tai Chi, Qi Gong, Yoga, Cardio, LaBlast, Barre-Fusion, Line Dance	5
Line Dance, La Blast, Ballroom, Event Dance, Swing, Club	5
DSLR & Mirrorless Photography, iPhone Photography, iPhone	6
AI - Artificial Intelligence, Cyber Security, eBay, Google Docs	6
Excel, PowerPoint, Windows, Tech Tutorials....	6
ed2Go Online	4, 6
History, Ridgefield Archaeology, Piano	7
Elder Law, Interior Decor	7
GED, CDP & ESL (English as a 2nd Language)	back cover
SAT Prep Course	2, 8 and back cover
Registration Information and Form	Front, 2 and Back Cover

Join us!

Experience

Explore

Connect

Most classes are In-Person.

Some are Hybrid.

A few are Zoom only.

Class sizes are limited.



Registration / Contact: Easy - Ways to Register - Details and Updates at <https://ridgefieldschools.org>

Phone: (203) 431-2812

Pay by Visa or MasterCard over the phone. If we do not answer, please leave a detailed message.

eMail:

ridgefieldcontinuingeducation@gmail.com
Please email a list of classes desired and your phone number. We will contact you to arrange payment.

Mail

Please send registration form and payment (check preferred; Visa and MasterCard accepted) to:
Ridgefield Public Schools - Continuing Ed.
Attn: Peggy Bruno
90 East Ridge Road
Ridgefield, CT 06877

Please mail early as all Ridgefield mail goes through Danbury and takes 3-6 business days to arrive.

Office Location

Registration drop off at the office, located at the Town Hall Annex, 1st floor. 66 Prospect St., left of Yanity Gym, behind the Playhouse. Building is open 8 a.m. to 4 p.m., Monday through Friday. Directions on web at <https://ridgefieldschools.org>

Phone: (203) 431-2812

Email: ridgefieldcontinuingeducation@gmail.com

Schedule updates and new courses added are at: <https://ridgefieldschools.org>

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2 Welcome to 2025!

For nearly 50 years, Ridgefield Continuing Education, a self-sustaining course program of Ridgefield Public Schools has offered EXPERIENCES through over 200 dynamic courses each year that help area residents, age 18 and up, enhance their careers, as well as provide knowledge and professional guidance in the arts, crafts, technology, nature walks, creative writing, language, fitness, interior decor, games, and popular hobbies. Please take some time to EXPLORE something you are interested in, and in which you can CONNECT with other community members.

- Thank you to the amazing, caring Continuing Ed. instructors who offer classes in a variety of formats.
- Thank you to Ridgefield Public Schools and the Town of Ridgefield for facility use.

Please keep in mind:

- Register early to increase your course choices and mark dates and time on your calendar!
- The Zoom link is usually emailed the evening before class. Date and time changes will be updated on the web site. Students who have provided us with legibly written phone and/or email will be notified.
- We follow the public health requirements (subject to change) of the Ridgefield Public Schools.
- Ridgefield Public Schools prohibit alcohol, nuts, nut products, or other food in class.

Thank you for your participation and see you soon in person or on zoom!

Peggy Bruno
Director of Adult Education

Class Location Key

all in Ridgefield, CT

Directions (detailed) at
ridgefieldschools.org/directions.html

Annex = in person. 66 Prospect St. (between Yanity Gym and back of the Playhouse).

ERMS = East Ridge Middle School = in person at 10 East Ridge Road (intersection of East Ridge and Route 102 - aka Branchville Rd).

VP Sch. = Veterans Park School = in person at 8 Governor Street.

Zoom = live, online class. /Z = Zoom for class weather backup.

+Z = Hybrid = class is in person with Zoom available.

Admission: Our classes are for people age 18 years or older. Non-residents are welcome. Senior Citizens and Disabled (Ridgefield Sr./Disab.) means discounted fee for senior citizens age 62 and older and people with disabilities who live in Ridgefield, provided that the course they want has sufficient enrollment to sustain the discount and they have followed procedures below. More details regarding the Senior Discount are at <https://ridgefieldschools.org/senioronly.html>

Registration Deadline and Payment: You may register by mail or phone. Payment in full must accompany your registration, which must be paid and received in advance. We decide whether or not to run a class at least 3 business days before the first class (some teachers need a decision sooner) based on the number of people who have paid their tuition. Don't let a class be cancelled due to participant procrastination. Checks (preferred to keep costs down), money orders, Visa and MasterCard are accepted. A non-refundable service / convenience fee for Visa or MasterCard payment will be added to your charge total as follows: \$2.95 (subtotal thru \$97), 2.99% (subtotal from \$98 up) per person, per order. There is a \$20 service fee for returned checks.

Confirmation and Cancellation: No news is good news. If you have paid your tuition, assume you are enrolled. When you register, we assume that you have put the course date, time, and location on your calendar and have reconciled potential conflicts before you register. Please include an accurate and legible phone number and email address so that we can contact you if a course is canceled, full, or relocated. An email address is necessary to enable us to send you your Zoom link the night before class.

Weather / Power Postponement: If regular school classes are canceled due to weather/power issues, in person Continuing Education classes are postponed. See www.ridgefield.org and look for an email with information. Zoom and Hybrid classes and classes with Zoom backup may continue on Zoom if possible. If school has "early dismissal", Continuing Education classes that start at 1:00 p.m. or later are postponed to the next class. If school has a "2 hr. delayed opening", classes that start before 9:30 a.m. (3 hr. delay, classes starting before 10:30 a.m.) are postponed to next class. Classes that start at 9:30 a.m. (2 hr. delay or 10:30 a.m. if a 3 hr. delay) or later will proceed as scheduled. Make-ups due to weather / power postponement, are normally added to the end of the session or an open date in the schedule; check the web site and your email for details.

Refunds: You will obtain a full tuition refund when Ridgefield Continuing Education cancels a class or the class is full. If you are requesting a tuition refund, we must receive your request in writing (letter or email) five days before a class starts and we will withhold a \$15 withdrawal fee per class from the amount refunded. Students assume all risk of changes in their personal schedules. Absence from the class does not reduce the cost of operating our programs. Class sessions may be rescheduled due to unexpected circumstances; refunds will not be issued to students unable to attend a rescheduled make-up class (including makeup classes online). Refunds will not be issued to students who do not want to comply with public health requirements, when needed. Medical refunds only (less a \$15 withdrawal fee) will be pro-rated for the remainder of the session when verified by a physician's note. The tuition refund is calculated on the date a written cancellation notice is provided, not on the date of the last class attended or missed. Refunds are not available to people who register less than 5 days before a class starts. Refunds take 4 to 6 weeks to process.

Disabled Access: Buildings have disability access. **Ridgefield Public Schools Nondiscrimination Statement:** Statement is on page 7 and <https://ridgefieldschools.org>

🎵 🎸 **GUITAR** 🎵 🎸

Intro to Acoustic Guitar

This beginners class with Tom Elliott, long term guitarist and instructor, will assist you to acquire the technique you'll need to get those favorite tunes from your ears to your fingers and deal with the melodic, harmonic and rhythmic possibilities of the acoustic guitar. Participants need a playable acoustic guitar. You'll receive guidance as to how to make your instrument easier to play. Tom Elliott's bio and other materials needed are on the web site ridgefieldschools.org/music.html

8 Sessions \$ 174 (Ridgefield Sr./Disab. \$ 155)
Wed., Call or email for future dates 6:30 to 8 p.m. ERMS

ARCHAEOLOGY - RIDGEFIELD

The Nine Deeds and Four Tracts of Land That Created Ridgefield

In a culture of land deals, land speculation, and border changes among the Dutch, English, and Native Americans; the Proprietors of Ridgefield made 9 purchases of land from the Native Americans. Today's Ridgefield is the result of 4 tracts of land they purchased in those 9 deeds. The heads of three Native communities, Catonah, Takora, and Jacob Turkey sold this land that makes up our modern Ridgefield to the Proprietors. Archaeologist Lynn-Marie Wieland's bio is on pg 7.

2 Sessions \$ 54 (Ridgefield Sr./Disab. \$ 46)
Wed., 3/19 & 26 10 a.m. to 12 noon Annex + Zoom (hybrid)

SAT PREP WITH THE PRINCETON REVIEW

Summer SAT Prep Course - In Person

Classes on Mon. & Wed., 7/28, 30; 8/4, 6, 11, 13 from 9 a.m. to 12 noon at the Annex, 66 Prospect St. AND Test from Home on Sat., 7/26; 8/2, 9. RIDGEFIELD20 is a 20% Discount for Ridgefielders. Virtual courses available too.

Special Zoom Events at 6:30 p.m. - free - below:

How Optional is Test-Optional - 3/25

RSVP: Ligha.Merwin@review.com or 800-2REVIEW

BRIDGE

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Bridge: Total Beginner

Bridge is a wonderful social game that can be played on many levels, each of them providing a good mental workout. This class' goal will be to learn the basics of bridge bidding and playing - for beginners, those returning to the game after being away for decades, and those in need of refreshing their basic bridge skills. Taught by Mary Watson-Stribula, an enthusiastic and patient bridge teacher, who has been teaching for over 7 years and is working towards her Life Master designation. Class size limited.

8 Sessions (16 hours) \$ 208 (Ridgefield Sr./Disab. \$ 179) Mon., 4/7, 21, 28; 5/5, 12, 19, 6/2, 9 9:30 to 11:30 a.m. Annex

Bridge: Intermediate

For those who have already begun playing in duplicate games. Continued focus on developing defensive and declarer techniques through play of some challenging hands. The class also provides opportunities to raise issues /questions students may have to help them develop skills they see themselves lacking. New conventions may be taught too. Instructor: Mary Watson-Stribula (bio above). Class size limited.


8 Sessions (16 hours) \$ 208 (Ridgefield Sr./Disab. \$ 179) Thur., 4/3, 10, 24; 5/1, 8, 15; 6/5, 12 1:30 to 3:30 p.m. Annex

MAH JONGG

Mah Jongg for Beginners

Sybl Falik, experienced Mah Jongg teacher and passionate player, will teach you what "One bam . . . two crack!" means, as you discover an exciting game, learn the very basics from square one and be playing in no time. Attendance at the first class is a must. You will learn rules of the game as sanctioned by the National Mah Jongg League (NMJL). For info about the required NMJL card, visit <https://ridgefieldschools.org>

6 Sessions (12 hours) \$ 156 (Ridgefield Sr./Disab. \$ 134)
Call or email to be on a notification list for future dates.



THE INSTRUCTORS:

See ridgefieldschools.org for more bio information.

- Michael Canavan studied art at the Art Students League and the NYU School of Visual Arts. He is a long-term writing teacher, has authored 2 novels, a collection of short stories, nearly a dozen nonfiction books, and comics. He is also a graphic artist and illustrator.
- Laura McCormick is a teacher and artist specializing in charcoal and pastel portraiture. She delights in cultivating the creative side of her students.
- Nina Daryanani is a fine Artist and prior adjunct professor of Design at The New School. She exhibits her still-life and landscape paintings in CT and online.
- Elizabeth Doty, a professional educator for over 45 years, has taught some of her hobbies, knitting and calligraphy to students of all ages for years.
- Barbara Galazzo has been an award-winning glass and mosaic artist for the past 30 years. More at <https://ridgefieldschools.org/otherart.html>
- Eileen Burton, long term instructor and former Horticultural Manager for a non-profit, currently manages a church garden that grows produce for MOW.
- Jackie Algon is an Advanced Master Gardener and a Board member of the Pollinator Pathway. She has taught many classes in the CT Master Gardener program and an adult class at Norwalk Community College on topics related to natives, invasive species, and the Pollinator Pathway.

WRITING, COMIC STRIPS

Writing a Novel or Short Story

Participants will learn how to successfully create, develop, or complete their novel or short story by focusing on the basics, such as development of major and minor character backgrounds, scene creation, and a fully developed plot of all the main conflicts and actions of your story, building scenes that move your story ahead through first, second, and final drafts. Instructor: Michael Canavan.

6 Sessions \$ 156 (Ridgefield Sr./Disab. \$ 134)
Wed., 3/26; 4/2, 9, 23, 30; 5/7 6:30 to 8:30 p.m. ERMS

Creating Cartoons and Comic Strips

By exploring a variety of drawing styles and techniques, different styles of humor, and single panel vs. comic strip formats, students will develop their own cartoon creations showcasing their individual ideas and look. We focus on the story idea as much as the art. These lessons cover: Words and pictures, and how they work together in a cartoon; characters; conflict; setting, and tone. www.ridgefieldschools.org/otherart.html Instructor Michael Canavan will provide all materials needed; a supply fee of \$20 is payable at the first class.

6 Sessions \$ 156 (Ridgefield Sr./Disab. \$ 134) + mtl.
Mon., see website 6:30 to 8:30 p.m. ERMS

DRAWING, PAINTING

Drawing and Painting Studio Art ~ Day

An open studio art class for beginning and continuing students. New students start with drawing basics, from contour through composition, using charcoal pencils. Continuing students work in the medium of their choice and receive individual instruction. Instructor: Laura McCormick. Class size limited. Supply list: ridgefieldschools.org/drawpaint.html



5 Sessions \$ 135 (Ridgefield Sr./Disab. \$ 116)
Thur., 5/1, 8, 15, 22; 6/5 10 am to 12 noon Annex

Still-Life Oil Painting for All Levels

This class focuses on the essential materials and techniques required to create a fine art painting in one sitting that has rich color and depth without becoming overly detailed or muddy. Learn how to mix colors with only several pigments and how to use a large brush to create form. Beginning students will create a painting of a cup or mug and work up to a teapot or jug. More practiced students can paint a two object scene if they wish. The first lesson covers the professional supplies needed and how to use them. (No turpentine or solvent will be used). Instructor: Nina Daryanani. Supply list: ridgefieldschools.org/drawpaint.html

6 Sessions \$ 156 (Ridgefield Sr./Disab. \$ 134) + mtl.
Wed., 3/26; 4/2, 9, 23, 30; 5/7 6:30 to 8:30 p.m. ERMS

Contact Information: Phone: (203) 431-2812
ridgefieldcontinuingeducation@gmail.com
<https://ridgefieldschools.org>

KNITTING

Studio Knitting for Beginners & Continuing

This open knitting format is for both beginners and those who want to continue furthering their knitting skills. New participants will learn the basic stitches and develop skills in maintaining an even tension in the piece. Instructor Elizabeth Doty will provide practice needles and practice yarn until the participant determines a project. After the selection of a project, the participant will purchase the necessary supplies. Projects have included knitting a scarf, sweater, blanket, and handbag. Class size limited.



7 Sessions \$ 182 (Ridgefield Sr./Disab. \$ 157)
Mon., 4/28; 5/5, 12; 6/2, 9, 16, 23 3:30 to 5:30 p.m. Annex
Mon., 8/4, 11, 18, 25; 9/8, 15, 22 3:30 to 5:30 p.m. Annex

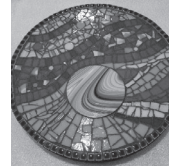
7 Sessions \$ 182 (Ridgefield Sr./Disab. \$ 157)
Mon., 4/28; 5/5, 12; 6/2, 9, 16, 23 1 to 3 p.m. Annex
Mon., 8/4, 11, 18, 25; 9/8, 15, 22 1 to 3 p.m. Annex

7 Sessions \$ 182 (Ridgefield Sr./Disab. \$ 157)
Tue., 3/18, 25; 4/1, 8, 22, 29; 5/6 6 to 8 p.m. VP Sch.
Tue., 5/13, 20, 27; 6/3, 10, 17; 7/8 6 to 8 p.m. VP Sch.
Tue., 8/5, 12, 19, 26; 9/2, 9, 16 6 to 8 p.m. VP Sch.

MOSAICS

Mosaics for Beginners - A Visual Puzzle

Explore the art of mosaics using ceramic, stone, glass, and found objects, students will design a 12" x 12" mosaic with a variety of materials provided. You're also welcome to bring personal items like trinkets or jewelry to incorporate into your piece. Through demonstrations and one-on-one instruction, you'll learn the mortar method—no messy grout required! We will maximize sculptural/dimensional possibilities; building a cohesive color/material palette. We will concentrate our focus on color, style, development and individual expression in a fun, supportive environment to spark your creativity. Instructor Barbara Galazzo will provide all materials (includes a 12" x 12" base, mortar, and a set amount of mosaic tiles as background for your piece); a supply fee of \$45 is payable at the first class. All tools provided, but you may bring in any tools you already have.



5 Sessions \$ 195 (Ridgefield Sr./Disab. \$ 168) + \$45 mtl.
Tue., 4/22, 29; 5/6, 13, 20 10 a.m. to 1 p.m. Annex

Coastal Grandmother Style - below & right



GARDENING ~ ORGANIC & NATIVES

Organic Gardening

How to grow organically a wide variety of vegetables, flowers, and other plants suitable for our climate. Instructor Eileen Burton will cover everything you need to know about organic gardening - from creating gardens, purchasing seeds or plants, growing on, fertilizing, controlling pests.

2 Sessions \$ 41 (Ridgefield Sr./Disab. \$35)
Wed., 4/23 and 30 6:30 to 8 p.m. ERMS

Make Room for Natives: Sharing the Environment with Wildlife + Native Walk

There's been a lot of hype about "Natives" in the past year or so. This class will explore what native plants are and why they are important. For beginning or fairly-new gardeners, we will start with the basics: getting your soil ready, removing invasive plants from your property, assessing what is already growing in your yard and what you can consider adding or deleting from it, the "New Best Practices" for gardening that will help make your garden more sustainable, resilient and functional not only for the aesthetics but also for the support of wildlife and ecology. Instructor: Jackie Algon.

2 Sessions \$ 54 (Ridgefield Sr./Disab. \$ 46)
Mon., Lecture on 4/28 from 6 to 8 p.m. at East Ridge Middle School AND Saturday Walk on 5/3 from 10 a.m. to 12 noon (Ridgefield, meeting location provided at class on 4/30).

MUSHROOM WALK

Mushroom Walk

Grab a notebook and join mycologist Zaac Chaves on a mycologically focused ecological tour and identify seasonal mushrooms. No experience needed.



1 Session (90 minutes) \$ 29 (Ridgefield Sr./Disab. \$ 25)
Sat., 6/14 3 to 4:30 p.m.

Ridgefield location to be provided upon registration.

INTERIOR DECOR

Coastal, Coastal Grandmother, Cottage Core, Adirondack and Other Comfortable, Casual and Eclectic Styles Popular Today

Coastal Style or Coastal Grandmother style epitomized in Nancy Meyers' movies, is an ageless, comfortable, liveable and classic design, which offers a relaxing escape in our homes. Cottage Core, Adirondack and other casual European and American Country styles will also be featured. We will tour top designers' vacation homes and see how to update rooms with elements you love from these styles in over 350 rooms. Instructor Linda Keefer has spent 25 years teaching design with interior designers and has over 40,000 followers on her Pinterest Design boards including top interior designers.



1 Session \$ 29 (Ridgefield Sr./Disab. \$ 25)
Thur., 5/8 7 to 8:30 p.m. Zoom

THE INSTRUCTORS:See ridgefieldschools.org/language.html for more dates, bio and description information!

- Jean Viannes is a native French speaker who formerly worked for IBM in France and the U.S. and is now teaching and tutoring French.
- Nancy Maxwell was a teacher and school counselor in Switzerland for over 20 years and traveled extensively in Europe, particularly France.
- John Lamb has studied French for decades, teaches, tutors, and currently is VP and leads a French book club at the Alliance française du Northwest Connecticut.
- Sylvana Serravezza is a native of Venice and teacher of Italian for many years at local universities and in Ridgefield Continuing Education.
- Norma Lopez-Burton, Emerita Instructor from the University of California at Davis. Department of Spanish and Classics, College of Letters and Science.
- Oscar Vargas, Colombia native, has lived here since 1969, worked in international business, traveled extensively, and taught Spanish for over 28 years.
- Karen Wolfinger is a native of Germany and has worked in the U.S. for over 20 years. She teaches at the German School of CT, and also military personnel.

FRENCHText and more info at <https://ridgefieldschools.org/french.html>**French: Beginner, Part 1a** - Info on website above.**French: Beginner, Part 1b**

For people with no or very little knowledge of French who would like to build a solid learning foundation of the language for travel, business, culture. Newcomers are welcome. Participants will discover how English and French are similar in their structure and vocabulary. Text is *Learn French the Fast and Fun Way, Barron's 4th Ed.* Focus will be on listening, written comprehension and short conversation related to everyday life situations with native speaker, Jean Vianes.

8 Sessions (12 hours) \$ 174 (Ridgefield Sr./Disab. \$ 155)
Wed., 2/5, 12, 26; 3/5, 12, 19, 26; 4/2 6 to 7:30 p.m. ERMS

French: Beginner, Part 1c

Jean Vianes continues the class above.

8 Sessions (12 hours) \$ 174 (Ridgefield Sr./Disab. \$ 155)
Wed., 4/9, 23, 30; 5/7, 14, 21, 28; 6/4 6 to 7:30 p.m. ERMS

French: Adv. Beginner - Zoom

This Zoom class continues the French for Advanced Beginners class from Winter 2025. Participants can express personal information, needs, and everyday events in French and are building vocabulary, strengthening grammar and pronunciation, and exploring the richness of both the language and culture of France. We cover reading, listening, speaking, and writing skills using a variety of sources while practicing French together in an easy, relaxed atmosphere. Newcomers with equivalent experience are welcome. Instructor: Nancy Maxwell.

6 Sessions (9 hours) \$ 130 (Ridgefield Sr./Disab. \$ 116)
Mon., 3/31; 4/7, 21; 5/5, 12, 19 5:30 to 7 p.m. Zoom

French: Intermediate, Part 2 - Evening

Continues Part 1 from this past winter. Newcomers with equivalent experience are welcome. Text above is used as a supplement. Focus will be on listening, written comprehension and conversation related to everyday life situations with Jean Vianes.

8 Sessions (12 hours) \$ 174 (Ridgefield Sr./Disab. \$ 155)
Mon., 4/7, 21, 28; 5/5, 12, 19; 6/2, 9 6 to 7:30 p.m. ERMS

French: Intermediate/Advanced - Day

This class will read à *haute voix* and discuss an extraordinary book - *La Carte Postale* by Anne Berest (Amazon). Winner of numerous awards, ce livre d'histoire, qui se lit comme un grand roman, retrace le destin des Rabinovitch, leur fuite de Russie après la révolution d'octobre, leur voyage en Lettonie puis en Palestine, leur arrivée à Paris, avec la guerre et son désastre. Instructor John Lamb will annotate the reading with period photos, maps, musical selections and speeches.

7 Sessions (14 hours) \$ 203 (Ridgefield Sr./Disab. \$ 181)
Wed., 4/23, 30; 5/7, 14, 21; 6/4, 11 11 a.m. to 1 p.m. Annex

ITALIANMore info at <https://ridgefieldschools.org/italian.html>**Italian: Beginner, Part 1 - Evening**

Sylvana Serravezza's course, for people new to Italian, focuses on practical conversation and basic language structure. A must for people traveling to Italy. Text is *Italian Made Simple* by C. Mazzonei.

6 Sessions (9 hours) \$ 130 (Ridgefield Sr./Disab. \$ 116)
Call or email to be on notification list for next session.

Italian: Beginner, Part 2 - Evening

A continuation of the Beginner, Part 1 class. Newcomers with a little experience are welcome. Focuses on practical conversation and basic language structure. Text is *Italian Made Simple* by C. Mazzonei. Instructor: Sylvana Serravezza.

7 Sessions (10.5 hours) \$ 152 (Ridgefield Sr./Disab. \$ 135)
Wed., 3/26; 4/2, 9, 23, 30; 5/7, 14 6:15 to 7:45 p.m. ERMS

Italian: Intermediate, Part 3

A continuation of Intermediate, Part 2 from this past winter. Newcomers with some background (Adv. Beginner / Intermediate level) are welcome. Text above. Instructor: Sylvana Serravezza.

6 Sessions (9 hours) \$ 130 (Ridgefield Sr./Disab. \$ 116)
Mon., 3/31; 4/7, 21, 28; 5/5, 12 7:05 to 8:30 p.m. ERMS

Italian: Advanced

Newcomers with background in the language's basic structure and comfortable with immersion may join. Expand vocabulary and grammar. Discuss culture, food, travel . . . Reading of a short story and independent weekly assignments to be presented and discussed by the class. Text is *Advanced Italian Step-by-Step* by Paola Nanni-Tate. Instructor: Sylvana Serravezza.

6 Sessions (9 hours) \$ 130 (Ridgefield Sr./Disab. \$ 116)
Tue., 4/8, 22, 29; 5/6, 13, 20 5:45 to 7:15 p.m. VP School

SPANISHText info and dates at <https://ridgefieldschools.org/spanish.html>**Spanish for True Beginners, Part 1 - Eve**

This course is for students who have had little to no Spanish instruction. It covers basic vocabulary, grammar, and conversation using the present tense. See www.ridgefieldschools.org/spanish.html for the text. Instructor: Norma Lopez-Burton.

8 Sessions (12 hours) \$ 174 (Ridgefield Sr./Disab. \$ 155)
Please call or email for notification for next session.

Spanish for True Beginners, Part 2

A continuation of Spanish for True beginners Part 1 (above). It covers more vocabulary, grammar and conversation in the present tense. Same text as above. Instructor: Norma Lopez-Burton.

6 Sessions (9 hours) \$ 130 (Ridgefield Sr./Disab. \$ 116)
Tue., 5/6, 13, 20, 27; 6/3, 10 6:30 to 8 p.m. VP School

Spanish for True Beginners, Part 3

A continuation of Spanish for True beginners Part 2 (above). Instructor: Norma Lopez-Burton.

6 Sessions (9 hours) \$ 130 (Ridgefield Sr./Disab. \$ 116)
Tue., 5/6, 13, 20, 27; 6/3, 10 10:30 a.m. to 12 noon Annex

Spanish: Intermediate, Part 1 - Eve.

More info on web. Newcomers with equivalent experience are welcome. Text is *Madrigal's Magic Key to Spanish*. Handouts emailed. Class discussions and conversations will be emphasized. Instructor: Oscar Vargas.

6 Sessions (12 hours) \$ 174 (Ridgefield Sr./Disab. \$ 155)
Mon., call or email for dates 7 to 9 p.m. Zoom

Spanish: Advanced Conversation

For people who can maintain a conversation in Spanish. Class will be conducted in Spanish and will include review of grammar concepts (as needed), vocabulary, reading and class discussion of current events, articles, and discussion of an assigned movie. Instructor: Oscar Vargas.

6 Sessions (12 hours) \$ 174 (Ridgefield Sr./Disab. \$ 155)
Thur. from 7 to 9 p.m. on Zoom. Call or email for next session date notification.

GERMANText / more info at <https://ridgefieldschools.org/german.html>**German: Beginner 1, Part 1 on Zoom**

This class will focus on speaking skills, pronunciation and basic grammar. Participants will learn and practice the language needed for greetings, travel, business, and family. Instructor: Karen Wolfinger.

7 Sessions (10.5 hours) \$ 152 (Ridgefield Sr./Disab. \$ 135)
Tue., 4/1, 8, 22, 29; 5/6, 13, 20 4:30 to 6 p.m. Zoom

German: Intermediate 1, Part 2 on Zoom

A continuation from Fall 2024. Newcomers with equivalent experience welcome. Karen Wolfinger.

6 Sessions (9 hours) \$ 130 (Ridgefield Sr./Disab. \$ 116)
Tue., 4/8, 22, 29; 5/6, 13, 20 6:10 to 7:40 p.m. Zoom

Contact Information: Phone: (203) 431-2812
ridgefieldcontinuingeducation@gmail.com
<https://ridgefieldschools.org>

Online Courses Via

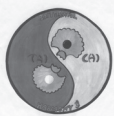
Visit www.ridgefieldschools.org and click online courses or visit ed2go.com/ridgefield
CLICK on Languages - French, Italian, Japanese, Spanish, ESL and Sign age are offered.

THE INSTRUCTORS: See ridgefieldschools.org for enhanced bio, what to wear / bring to class, and summer dates.

- Gwen Roman has taught Tai Chi here for over 17 years. She has trained with Myles MacVane, Alex Dong, Master Bing, and Wang Feng-Ming.
- Rod Barfield, a former NYC teacher, started doing Tai Chi exercises in 1994, has studied under Gwen Roman since Fall 2013 and has taught over 7 years.
- Deby Goldenberg has practiced and taught martial arts (3rd degree black belt) and Tai Chi for decades and is an Amrit Yoga Nidra therapist.
- Erin Lutz is a Registered Yoga Teacher (200 hr. RYT) who teaches in this area. She is certified through InnerSpace with Karen Pierce at Yoga Space in Bethel.
- Julie Shaw is an IAYT-Certified Yoga Therapist who specializes in adapting yoga practice to meet the individual's need.
- Natalie Mazzola, former amateur 10 dance champion and long term teacher at Vitti's School of Dance in Danbury, has a fun, no stress class.
- Patricia Anikewich has many group exercise certifications and has taught at many Westchester and Connecticut fitness centers for over 20 years.
- Denise D'Arbonne Nethercott combined her passions for ballroom dance and physical fitness and became certified in LaBlast® Fitness in 2019.
- Ellen Russow and Steve Parker have been line dancing for over 28 years and teaching for over 16.

TAI CHI

Bring water.
Makeup, if needed, added to end.
Summer classes posted on website.



Tai Chi, the gentle form of exercise often called meditation in motion, has been practiced in China for hundreds of years and is a discipline used for health, relaxation, and meditation. This ancient art helps relieve stress, increase strength and flexibility, improve balance, coordination and circulation and overall physical and mental health. Its slow and graceful movements make it accessible to anyone, regardless of age or fitness level. While Tai Chi is considered a healing exercise, it is also an effective martial art.

Beginning Tai Chi (Yang Long Form)

Participants learn the first 21 moves. Instructor: Gwen Roman (Wed., 6 p.m.) and Rod Barfield (Fri., 11 a.m.).

6 Sessions \$ 78 (Ridgefield Sr./Disab. \$ 67)
Wed., 4/23, 30; 5/21, 28; 6/4, 11 6 to 6:50 p.m. ERMS
8 Sessions \$ 104 (Ridgefield Sr./Disab. \$ 89)
Fri., 3/21, 28; 4/4, 25; 5/2, 9, 16; 6/13 11 to 11:55 a.m. Annex
See website for summer dates

Tai Chi Intermediate (Continuing)

For students who have mastered the first level class above. Instructor: Gwen Roman (Wed., 5 p.m.) and Rod Barfield (Fri., 10 a.m.).

6 Sessions \$ 78 (Ridgefield Sr./Disab. \$ 67)
Wed., 4/23, 30; 5/21, 28; 6/4, 11 5 to 5:50 p.m. ERMS
8 Sessions \$ 104 (Ridgefield Sr./Disab. \$ 89)
Fri., 3/21, 28; 4/4, 25; 5/2, 9, 16; 6/13 10 to 10:55 a.m. Annex
See website for summer dates

Beginning Tai Chi / Qi Gong

This class is open to all levels. We will begin with grounding, meditation and breath work. Stretching and strengthening occurs throughout the practice. Qi Gong movements will help us learn energy flow. Tai Chi form will be done at end of class. Instructor: Deby Goldenberg.

8 Sessions \$ 104 (Ridgefield Sr./Disab. \$ 89)
Thur., 4/24; 5/1, 8, 15, 22, 29; 6/5, 12 7:10 to 8 p.m. VP Sch.

Tai Chi Strength and Balance: the Natural Way to Promote Health

Learn 40 basic Tai Chi exercises that promote health, balance, focus and concentration, and stress relief. Based on *Step by Step Tai Chi: the Natural Way to Strength and Healing* by Master Lam Kam Chuen. Bring water and two 2-3 pound weights. Instructor Rod Barfield.

8 Sessions \$ 104 (Ridgefield Sr./Disab. \$ 89)
Tue., 4/8, 22, 29; 5/6, 13, 20, 27; 6/3 10 to 10:55 a.m. Zoom
Tue., 7/8, 15, 29; 8/5, 12, 19, 26; 9/9 10 to 10:55 a.m. Zoom

8 Sessions \$ 104 (Ridgefield Sr./Disab. \$ 89)
Wed., 4/30; 5/7, 14, 21, 28; 6/11, 18, 25 6:45 to 7:40 p.m. ERMS
See website for summer dates

8 Sessions \$ 104 (Ridgefield Sr./Disab. \$ 89)
Thur., 3/6, 20, 27; 4/3, 10, 24; 5/1, 8 10 to 10:55 a.m. Hybrid = Annex + Z
See website for summer dates

YOGA ~ DAY & EVENING

Bring mat, towel or blanket, and water bottle.
Makeup, if needed, added to end.
Summer classes posted on website.

Gentle Flow Yoga with Erin Lutz

For beginner/intermediate students looking to deepen their yoga practice. Explore the fundamentals of a flowing yoga practice (vinyasa) and traditional poses and end with a deep relaxation (Savasana). Benefits include increased strength, mobility, flexibility along with improved circulation and stress reduction. Modifications are provided to allow all students to find their own combination of challenge and balance.

8 Sessions \$ 104 (Ridgefield Sr./Disab. \$ 89)
Mon., 4/21, 28; 5/5, 12, 19; 6/2, 9, 16 6:30 to 7:30 p.m. ERMS

Yoga Stretching with Julie Shaw

Breathe fully, release tension, build strength and balance, improve your body's functions, and enjoy the feeling of calm energy in this Viniyoga class. Based on the teachings of T. Krishnamācārya, its primary hallmark is adaptation - selecting postures and breath exercises to meet specific needs. The class is for all levels.

6 Sessions \$ 78 (Ridgefield Sr./Disab. \$ 67)
Wed., 4/30; 5/7, 14, 21; 6/4, 11 5:45 to 6:45 p.m. VP Sch.
See website for summer dates

6 Sessions \$ 78 (Ridgefield Sr./Disab. \$ 67)
Tue., 5/6, 13, 20, 27; 6/3, 10 9 to 10 a.m. Annex
See website for summer dates

Yoga with Deby Goldenberg

Class starts with breath work and then flows into a kripalu practice (compassionate yoga,) where we stretch and scan our bodies. Then we energize with Kundalini, just enough to strengthen and ease into shavasana where we can rest and restore completely. Instructor: Deby Goldenberg.

8 Sessions \$ 104 (Ridgefield Sr./Disab. \$ 89)
Thur., 4/24; 5/1, 8, 15, 22, 29; 6/5, 12 6 to 6:50 p.m. VP Sch.
See website for summer dates

BALLROOM & EVENT DANCE

Event Dance Bootcamp:

Beginner/Brush Up

Natalie Mazzola teaches a FUN, no stress social dance class to a variety of music to learn how to move on the dance floor for parties, weddings, cruises ... Includes basic Rumba, Cha-Cha, East Coast Swing and some club style dances. For beginners and for those who have been away from dance for awhile.

5 Sessions \$ 130 per couple
Tue., 4/29; 5/6, 13, 20, 27 7:15 to 8 p.m. VP Sch.

Ballroom Dance: Adv. Beginner/BrushUp

Natalie Mazzola's class for couples that know the basics.

5 Sessions \$ 130 per couple
Tue., 4/29; 5/6, 13, 20, 27 8:05 to 8:50 p.m. VP Sch.

Contact Information to Teach or Register:
Directions: Visit www.ridgefieldschools.org
eMail: ridgefieldcontinuingeducation@gmail.com
Phone: (203) 431-2812

COMPLETE WORKOUTS

Bring mat, towel or blanket, and water bottle.
Makeup, if needed, added to end.



Full Body Burn and Tone

This full body workout, led by Pat Anikewich, is designed to burn calories and sculpt lean muscle by using elements of cardio, strength training, and stretch. The class is good for beginners, intermediate and advanced participants. Modifications are always offered in a non-intimidating environment. Weights are encouraged, (bring your own) but not required. Please bring a mat and water. Zoom available.

8 Sessions \$ 104 (Ridgefield Sr./Disab. \$ 89)
Tue., 4/22, 29; 5/6, 13, 20, 27; 6/3, 10 6 to 7 p.m. VP Sch.
Summer classes posted on website.

Barre Fusion with Pat Anikewich

This low impact strength workout enhances your muscle tone, posture, flexibility and confidence in a class that blends ballet, dance, functional strength and mind-body inspired movement. Light weights or no weights are required. Chairs will be used to act as a barre. All fitness levels welcome. Zoom available.

7 Sessions \$ 91 (Ridgefield Sr./Disab. \$ 78)
Thur., 4/24; 5/1, 8, 15, 22, 29; 6/5 6 to 6:55 p.m. VP Sch.
Summer classes posted on website.

LA BLAST FITNESS WORKOUT

LaBlast Fitness® Dance & Weight Workout

La Blast is fun and energizing and will make you sweat! No mat. Light weights used in some routines. Created by Louis Van Amstel of Dancing with the Stars, LaBlast® is a partner-free, simple, low impact, safe ballroom dance workout for everybody. All levels welcome. Beginners are encouraged to attend. Wear sneakers and bring light hand weights (if you have them) and a water bottle. Taught by Denise D'Arbonne Nethercott. Makeup date 6/2, 9. More info at ridgefieldschools.org/cardio.html

7 Sessions \$ 85 (Ridgefield Sr./Disab. \$ 73)
Mon., 3/31; 4/7, 21, 28; 5/5, 12, 19 5:45 to 6:35 p.m. ERMS

LINE DANCE

Line Dance for Beginners

The ideal workout. Burn fat and calories while you're having fun! Do you know your right from your left, can you count to 8? Then you can line dance! We'll start with the basics and build from there. If you've been to this course before, come on back; we have new dances lined up. Please bring a water bottle and wear leather or suede soled shoes. Instructors: Steve Parker and Ellen Russow.



6 Sessions \$ 78 (Ridgefield Sr./Disab. \$ 67)
Wed., 4/30; 5/7, 21, 28; 6/4, 11 7 to 8 p.m. ERMS

6 PHOTOGRAPHY, AI - ARTIFICIAL INTELLIGENCE, IPHONE, EBAY, EXCEL, WINDOWS, GOOGLE, SECURITY & MORE . . .

THE INSTRUCTORS:

See ridgefieldschools.org/computer.html for summer dates and information!

- Lance Whitney, systems administrator, trainer, tech journalist and author of "Teach Yourself Visually Windows" has also written books on LinkedIn.
- Peggy Bruno has developed computer courses and trained adults in business office software, such as Excel, Access, and PowerPoint for many years.
- John Zappala has a degree in fine arts and many years of experience as a photographer and photography instructor.

TECHNOLOGY CLASSES AND TUTORIALS ~ BOTH IN PERSON AND INTERACTIVE, ONLINE ON ZOOM

Classes are limited to 3-6 participants or schedule a tutorial. You may keep the lessons to yourself or bring 2 friends at your level and know who your classmates are! In person is 1.5 to 2 hour minimum, depending on topic. Please eMail ridgefieldcontinuingeducation@gmail.com or Phone (203) 431-2812. Small group classes and tutorials can be scheduled in most classes below, PLUS File Management, Word, PowerPoint, Access, iPad and more.

PHOTOGRAPHY: DSLR, MIRRORLESS

Basic Digital Camera Operation

Bring your DSLR or mirrorless camera and manual to class. This course will guide you to knowing how to take pictures you can be proud of and having a good knowledge of photography in general. All relevant buttons and switches will be explained so that your picture will come out well exposed and sharply focused. You will learn how to freeze the action in sports; create beautiful portraits with that blurry background, and use your flash as professional fashion and wedding photographers do. You'll become confident in your picture taking abilities. Instructor John Zappala.

4 Sessions \$ 104 (Ridgefield Sr./Disab. \$ 89)
Mon., 3/31; 4/7, 21, 28 6:30 to 8:30 p.m. ERMS

IPHONE PHOTOGRAPHY

iPhone Photography

Want to learn how to take great photos and videos with your iPhone? Lance Whitney will show you how to use all the iPhone's camera features and modes, how to compose and capture the right shots, and how to use certain effects to enhance your photos. We'll also look at the Photos tool on the iPhone to teach you how to edit and organize your photos. Please have your iPhone at class so you can try out the different tools and tricks that we cover.



2 hours \$ 40 (Ridgefield Sr./Disab. \$ 36)
Fri., 5/16 1 to 3 p.m. Annex
Wed., 5/21 1 to 3 p.m. Annex

IPHONE

Get the Most Out of Your iPhone

Bring your iPhone (model X and higher), Apple ID, password and charger to class and Lance Whitney will show you how to use e-mail, calendar, maps, and other basic programs. Learn how to take photos and videos, listen to music and podcasts, and organize your apps. We'll also visit Apple's App Store where you can download many free and paid apps.

2 hours \$ 40 (Ridgefield Sr./Disab. \$ 36)
Fri., 5/9 1 to 3 p.m. Annex

Online Courses Via



Visit www.ridgefieldschools.org and click online courses or visit ed2go.com/ridgefield

Instructor-led (6 weeks long, 2 lessons a week) and 3 month self-directed options available. New sessions start monthly. Most cost \$99 to \$115.

Software: many options from QuickBooks to Python to Web Design to Graphics

Adobe Suite: Photoshop, InDesign, Dreamweaver . . .

Microsoft Office: Word, Excel, Access, PowerPoint and more to Networking . . .

Certification Test Prep: from Comp TIA A+ to Security, Project Management.

Test Prep: SAT/ACT, GMAT, GRE, LSAT, GED

More: Writing, Publishing, Grants, Nonprofit . . .

AI, EBAY, SECURITY, GOOGLE

Artificial Intelligence - AI for Everyone

Tech journalist Lance Whitney will show you the major AI sites — ChatGPT, Bing AI, and Google Bard — and describe how to use them. He'll also provide an overview of AI, explain what it means, and show you how AI can benefit you at work and at home.

2 hours \$ 40 (Ridgefield Sr./Disab. \$ 36)
Thur., 5/8 1 to 3 p.m. Annex

How to Sell Items on eBay

Prerequisite: Basic computer and Internet skills. eBay seller Lance Whitney will show you how to sell used or collectible items successfully on eBay. You'll learn how to: set up accounts with eBay and PayPal; price and prepare the right items for sale; list your items to increase saleability; work with buyers; ship your items, and deal with any issues that arise.

2 hours \$ 40 (Ridgefield Sr./Disab. \$ 36)
Wed., 5/14 1 to 3 p.m. Zoom

Protect Yourself Online ~ CyberSecurity

You can take specific precautions to protect your personal and financial information from exposure as you shop, bank, search, and share online. Learn how to better safeguard your identity, your personal information, and your computer and mobile devices when going online. Instructor: Lance Whitney.

2 hours \$ 40 (Ridgefield Sr./Disab. \$ 36)
Thur., 5/15 1 to 3 p.m. Annex

Google Docs

Prerequisite: Basic Internet and Windows skills. Lance Whitney shows you how to use Google docs' free, "cloud"-based platform to edit, create and share word processing documents, spreadsheets, and presentations compatible with Microsoft Office. Bring your Google account and password to class.

2 hours \$ 40 (Ridgefield Sr./Disab. \$ 36)
Wed., 4/30 1 to 3 p.m. Zoom

WINDOWS, POWERPOINT

Windows 11 Basics

Prerequisite: Basic computer skills. Bring your laptop or tablet (let us know if you need to use one of ours) and Lance Whitney will show you how to: customize your Start menu and desktop; use the Windows Edge browser; personalize Windows through its array of settings; speak to Windows using the Cortana voice assistant, and shop for apps at the Windows Store.

2 hours \$ 40 (Ridgefield Sr./Disab. \$ 36)
Fri., 4/25 1 to 3 p.m. Annex

PowerPoint Basics

Prerequisite: Level 1 or Basic Word skills. Create and modify presentations. Insert pictures, charts, and tables. Change text, color schemes, background color, fonts, layout and slide order. Add animation, transition, movement and sound. Instructor: Peggy Bruno.

2 hours \$ 40 (Ridgefield Sr./Disab. \$ 36)
Tue., 7/15 3 to 5 p.m. Annex

OFFICE SOFTWARE

If different dates and times are needed, call for a tutorial.

Word and Excel Basics for Beginners

Prerequisite: Basic computer skills. For people who need to fill basic computer skills gaps' and learn how to get started using Word and Excel. Learn to create and edit simple letters and spreadsheets using Word and Excel. Includes copy, cut, paste, open, save vs saveas, print, margins and beginning formulas. Instructor: Peggy Bruno.

2 hours \$ 40 (Ridgefield Sr./Disab. \$ 36)
Tue., 7/8 3 to 5 p.m. Annex

Excel for Windows Intro - The Basics

Prerequisite: Level 1 (above) or equivalent. For people who have used Excel recently and need to fill in basic gaps. Learn to create, update, and format worksheets and charts. Quickly reviews cut, copy, paste, move, drag and fill, and delete. Includes special print options, save, open file, fonts, decimal, \$ and % formatting, borders, shading, shortcut menus, right clicking, format painter, freezing titles. Instructor: Peggy Bruno.



2 hours \$ 40 (Ridgefield Sr./Disab. \$ 36)
Tue., 7/29 3 to 5 p.m. Annex

Excel for Windows Intermediate - Linking Sheets

Prerequisite: Level 2 (above) or equivalent experience. Exercises focus on practice with formulas; calculations; linking sheets and workbooks; relative, absolute, and mixed cell references. Instructor: Peggy Bruno.

2 hours \$ 40 (Ridgefield Sr./Disab. \$ 36)
Wed., 7/30 3 to 5 p.m. Annex

Excel for Windows Intermediate - Functions . . .

Prerequisite: Level 3 (above) or equivalent experience. Covers NPV, FV, and PMT functions, goal seeking, and additional chart types. Also covers cell protection, customizing tool bars, templates, and smart tags. Instructor: Peggy Bruno.

2 hours \$ 40 (Ridgefield Sr./Disab. \$ 36)
Thur., 4/24 3 to 5 p.m. Annex

Thur., 7/31 3 to 5 p.m. Annex

Excel for Windows Advanced - Pivot Tables . . .

Prerequisite: Level 3 (above) or equivalent experience. Exercises cover Excel pivot tables and charts, database and table management features (sort, filters, subtotals).

2 hours \$ 40 (Ridgefield Sr./Disab. \$ 36)
Thur., 5/1 3 to 5 p.m. Annex

Tue., 8/5 3 to 5 p.m. Annex

Excel for Windows Advanced - VLOOKUP . . .

Prerequisite: Level 4 (above) or equivalent experience. Exercises cover Flash Fill. Also includes V Lookup, if statements, CountIf, SumIf, and scenarios. plus bringing data from Microsoft Access into Excel. Peggy Bruno.

2 hours \$ 40 (Ridgefield Sr./Disab. \$ 36)
Wed., 8/6 3 to 5 p.m. Annex

Contact Information:

Phone: (203) 431-2812

email: ridgefieldcontinuingeducation@gmail.com

Visit <https://ridgefieldschools.org> for more information and directions.

THE INSTRUCTORS:

See ridgefieldschools.org for more bio information!

- Lynn-Marie Wieland is a lithic (stone tools) archaeologist specializing in southern New England prehistory with an emphasis on the Indians of the Ridgefield area. She minored in Meso American Archaeology and has traveled extensively in Mexico, Guatemala, and Honduras.
- Nancy Maxwell, a history teacher for over 30 years, shares many anecdotes that give humanity and life to the historical figures. more bio on website.
- Michele F. Murphy, JD, RN, MSN and Thomas E. Murphy, JD are Veterans Affairs accredited Attorneys. Bio at www.ridgefieldschools.org/business.html
- Linda Keefer has a BA in history and education, has taught many interior design classes and has over 40,000 followers on her Pinterest Design boards.

ARCHAEOLOGY - RIDGEFIELD

The Nine Deeds and Four Tracts of Land That Created Ridgefield

In a culture of land deals, land speculation, and border changes among the Dutch, English, and Native Americans; the Proprietors of Ridgefield made 9 purchases of land from the Native Americans. Today's Ridgefield is the result of 4 tracts of land they purchased in those 9 deeds. The heads of three Native communities, Catonah, Takora, and Jacob Turkey sold this land that makes up our modern Ridgefield to the Proprietors. Instructor: Lynn-Marie Wieland.

2 Sessions \$ 54 (Ridgefield Sr./Disab. \$ 46)
Wed., 3/19 & 26 10 a.m. to 12 noon Annex + Zoom (hybrid)

EUROPEAN HISTORY

Louis XIV - The Sun King

King of France from age 4, Louis grew to epitomize the image of absolute monarchy in the 17th century. His creation - the palace of Versailles and its brilliant, glamorous court - was built on a rigid protocol and a head spinning routine and schedule of public appearances and daily commitments to government. Only one such as the Sun King could manage it! This lecture explores the many intriguing aspects of Louis XIV - his talents and his foibles - as well as the lasting effects of his reign. Nancy Maxwell.

1 Session \$ 29 (Ridgefield Sr./Disab. \$ 25)
Fri., 3/7 1:30 to 3 p.m. Zoom

Louis XV and Mme De Pompadour

Succeeding his great grandfather Louis XIV at the age of 5, Louis XV, "the well beloved", enjoyed a long, eventful reign that included personal and public extravagance and the disaster of the 7 Years War. Inextricably linked with the king's name is that of his dazzling mistress, Madame de Pompadour, whose style and character defined the era. Louis XV has been dismissed by some historians as a lazy, ineffectual king whose self-indulgent rule spawned the discontent leading to the revolution. This course will explore the colorful lifestyle of his court and the consequences of Louis XV's rule. Visit ridgefieldschools.org/history.html for a detailed course description. Instructor: Nancy Maxwell.

1 Session \$ 29 (Ridgefield Sr./Disab. \$ 25)
Fri., 3/21 1:30 to 3 p.m. Zoom

EUROPEAN HISTORY & BIOGRAPHIES

Jacques Louis David

One of the most ambitious, brilliant, and unusual artists of his generation, David lived and thrived through the upheavals of the French Revolution and rose to even greater prominence depicting Napoleon Bonaparte's glory. From "The Death of Marat" which demonstrates not only David's skill but also his political sympathies, to the stunning "Coronation of Napoleon", Nancy Maxwell will explore his life, times, and works.

1 Session \$ 29 (Ridgefield Sr./Disab. \$ 25)
Tue., 3/25 10:30 a.m. to 12 noon Zoom

The French Revolution

Marie Antoinette's extravagance did not cause the revolution! When Louis XVI summoned the Estates General, he let loose a deluge of unforeseen and uncontrollable opposition. What began as a euphoria of patriotism and optimism ended in a tragedy of bloodshed and disorder. We will examine the progress of the revolution and the unpredictable shifts of power that led to the overthrow of the "ancien regime", the execution of the king, the Terror, and the eventual rise of Napoleon. Instructor: Nancy Maxwell.

2 Sessions \$ 41 (Ridgefield Sr./Disab. \$ 35)
Fri., 3/28 & 4/4 1:30 to 3 p.m. Zoom

Napoleon

Napoleon's skill and brilliance extended well beyond the battlefield. Within 20 years of the abolition of the French monarchy during the revolution, he had out-manoeuvred his political rivals and crowned himself emperor; then he began rebuilding the state and establishing a dynasty. We will explore the political and social backdrop that gave rise to Napoleon's career as well as the ambition and character that enable the "little general" to leave a remarkable legacy. Instructor: Nancy Maxwell.

1 Session \$ 29 (Ridgefield Sr./Disab. \$ 25)
Wed., 4/9 10:30 a.m. to 12 noon Zoom

The Other Bonapartes

The dazzling achievements of Napoleon are well known, but what about the rest of his family? Did they live in their brother's shadow, bask in his reflected glory, or soar in their own right? What became of his wife and long-awaited son? An exploration of this ambitious, spirited family reveals intrigue, secrets, loyalty and betrayal, and an American connection! Instructor: Nancy Maxwell.

1 Session \$ 29 (Ridgefield Sr./Disab. \$ 25)
Wed., 4/23 10:30 a.m. to 12 noon Zoom

PIANO - ONLINE

Instant Piano for Hopelessly Busy People

In a few hours, you can learn enough trade secrets to learn to play piano the way professionals do using chords which are easier to learn than reading notes. Visit ridgefieldschools.org/music.html for more info. This online class is partly hands on instruction and partly lecture demonstration. Instructor: Craig Coffman, 50 year piano teacher.

1 Session \$ 69 (includes materials, follow up online lessons)
Mon., 4/28 6:30 to 9:30 p.m. Zoom
Tue., 6/3 6:30 to 9:30 p.m. Zoom

ELDER LAW

Protect Yourself with Trusts! Asset Protection Trusts and Revocable Living Trusts

Join Attorneys Murphy and learn how to avoid probate, minimize estate taxes, protect assets from Medicaid, preserve IRA funds, provide for disabled family members, and protect your estate from your children's creditors. Trusts keep you in control: You say what goes in, what comes out, and who does what. Avoid conservatorship during incapacity, litigation over your estate, costs of probate, and Medicaid forfeitures. Topics to be covered include: Revocable Living Trusts, Asset Protection Trusts, IRA Trusts, Special Needs Trusts, and Testamentary Trusts.

1 Session \$ 29 (Ridgefield Sr./Disab. \$ 25)
Wed., 5/7 6:30 to 8 p.m. Zoom

Elder Law: Protect Your Assets as You Age!

Learn how to protect your home and life's savings from Medicaid (Title 19) in case you need long-term care. Elder Law attorneys Thomas E. Murphy and Michele F. Murphy of Danbury address urgent questions: If I don't plan, what will Medicaid "take"? How can I protect my assets and still keep control over them? How can a trust protect my assets? How can I get income from Veterans Affairs? How can I avoid probate? and explain using trusts and other techniques to protect your assets and income and qualify for Medicaid benefits (for home care, assisted living, or nursing home), VA Aid & Attendance pension (up to \$2,727/month) and Probate Avoidance through Revocable Living Trusts.

1 Session \$ 29 (Ridgefield Sr./Disab. \$ 25)
Wed., 2/12 6:30 to 8 p.m. Zoom

INTERIOR DECOR

Coastal, Coastal Grandmother, Cottage Core, Adirondack and Other Comfortable, Casual and Eclectic Styles Popular Today

Coastal Style, or Coastal Grandmother style epitomized in Nancy Meyers' movies, is an ageless, comfortable, liveable and classic design, which offers a relaxing escape in our homes. Cottage Core, Adirondack and other casual European and American Country styles will also be featured. We will tour top designers' vacation homes and see how to update rooms with elements you love from these styles in over 350 rooms. Instructor Linda Keefer has spent 25 years teaching design with interior designers and has over 40,000 followers on her Pinterest Design boards including top interior designers.

1 Session \$ 29 (Ridgefield Sr./Disab. \$ 25)
Thur., 5/8 7 to 8:30 p.m. Zoom

INTERESTED IN TEACHING?

Email ridgefieldcontinuingeducation@gmail.com or phone (203) 431-2812 for info if you can easily communicate the complexities of your area of expertise to others.

Contact Information:

Phone: (203) 431-2812

ridgefieldcontinuingeducation@gmail.com

Nondiscrimination Statement: The Ridgefield Public Schools does not discriminate in any employment practice, education program, or educational activity on the basis of race, color, religious creed, sex, age, national origin, ancestry, marital status, sexual orientation, gender identity or expression, disability (including, but not limited to, intellectual disability, past or present history of mental disorder, physical disability or learning disability), genetic information, or any other basis prohibited by Connecticut state and/or federal nondiscrimination laws. The Ridgefield Public Schools does not unlawfully discriminate in employment and licensing against qualified persons with a prior criminal conviction. The Ridgefield Public Schools is committed to a policy of equal opportunity/affirmative action for all qualified persons and equal access to Boy Scouts of America and other designated youth groups. Inquiries regarding the Ridgefield Public Schools' nondiscrimination policies and practices should be directed to: Karen M. Dewing, Title IX Coordinator, 90 East Ridge Road, Ridgefield, CT 06877, 203-894-5550.

SAT Prep with the PRINCETON REVIEW

Ridgefield Continuing Education has partnered with The Princeton Review to provide a selection of SAT, ACT, and AP Test Prep courses and tutoring. Student success is at the heart of everything we do at The Princeton Review. For more than 40 years, students and their families have trusted The Princeton Review to help them get into their dream schools.

Our mission is to provide innovative, best-in-class tutoring, test prep, and admission products and services to help students knock down barriers and achieve their academic goals. We are solely on the side of the students and are not affiliated with any test developers.

Promotional Codes:

Use promo code **RIDGEFIELD20** to receive 20% off when purchasing SAT, ACT, or AP courses on The Princeton Review's website: <https://www.princetonreview.com>

Special SAT Prep Event Sessions at The Princeton Review Virtual Classroom:

How Optional is Test-Optional? on Tuesday, March 25th at 6:30 p.m.

Download Flyer at <https://ridgefieldschools.org/satprep.html>

The SAT Prep Essentials class includes:

6 instructor led classes:

Mon/Wed., 7/28, 30; 8/4, 6, 11, 13 from 9 a.m. to 12 noon at the Annex (66 Prospect Street, Ridgefield, CT)

Plus 3 Practice Tests at Home:

Suggested dates: Sat., 7/26; 8/2, 9

Website: PrincetonReview.com

Phone: 800-2Review

Online Test Prep Courses with ed2go

Visit Ridgefield's page at ed2go's Online Instruction Center:

www.ed2go.com/ridgefield

There is a 6 week "instructor moderated" option (it is not live online) and a 3 month self-guided option. Prices are \$125 to \$339 depending on the series.

TEAS (Test of Essential Academic Skills)

GRE Prep Series

CompTIA A+ Certification

Praxis Core Preparation

Lots of other online courses too!

Lentz & Lentz

SAT/PSAT Prep Classes

Online Options!

Online options are available year round.

Prices and Lentz & Lentz Guarantee are on the web at:

<https://www.lentzsatprep.com>

Email: info@lentzsatprep.com

Office: 14 Manor Court
New City, NY 10956

Phone: (845) 638-2826

From: Ridgefield Public Schools
Ridgefield Continuing Education
90 East Ridge Road
Ridgefield, CT 06877

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06810

*****ECRWSS*****
Residential Customer

ESL, CDP & GED REGISTRATION

Residents of Ridgefield, Redding, Easton, Danbury, Bethel, Brookfield, New Fairfield, or Newtown may take ESL, Citizenship, CDP, and GED classes free in Danbury through this program. Class registration info is at <https://www.danbury.k12.ct.us/werace> or call WERACE Community Resource Center in Danbury from 8 a.m. to 3 p.m. at (203) 797-4731.

SAT - PSAT Prep Classes: Visit <https://ridgefieldschools.org/satprep.html> for details. **Princeton Review** (www.PrincetonReview.com) has courses online and in person. Ridgefield families use code **RIDGEFIELD20** for 20% discount. Princeton's Summer SAT Prep class starts Mon., July 28. Meets from 9 a.m. to 12 noon at the Annex.

INTERESTED IN TEACHING? Join us! Phone (203) 431-2812 or email ridgefieldcontinuingeducation@gmail.com for information.

Continuing Education Registration Application - Spring / Summer 2025

Name: _____ Date: _____

Address: _____ Town: _____ State: _____ Zip: _____

Contact Information Required in case we need to reach you: Phone (Home #): _____ (Work #): _____

(eMail): _____ *eMail and/or phone numbers are necessary in case we need to contact you.*

<u>Course</u>	<u>Start Date</u>	<u>Time</u>	<u>Location*</u>	<u>Price**</u>
_____	_____	_____	_____	_____
_____	_____	_____	_____	_____
_____	_____	_____	_____	_____

Donations to Ridgefield Continuing Education in any amount are gratefully appreciated. Receipt provided.

_____ Ridgefield Sr. (age 62 & older)** _____ Ridgefield Disabled **Subtotal:** _____

*Directions to Location at www.ridgefieldschools.org

**Rate for Senior Citizens (age 62+) and people with disabilities apply only to Ridgefield residents.

Please see page 2 for important registration information for terms and conditions.

A convenience/service fee for our Visa or MasterCard payment alternative will be added to your charge as below:

Convenience/service Fee: \$2.95 (subtotal through \$97), 2.99% (subtotal of \$98 or higher), per person per order.

Total: _____

WAIVER OF TOWN LIABILITY: I recognize because of the nature of this activity, whether on Town of Ridgefield property or online via platforms such as Zoom on property of my own choice that an injury or illness might occur and/or the probability of contracting an illness might increase. In the event of an injury to myself or my family member, I give permission to the attending physician to render such treatment and agree to pay for the treatment. Ridgefield Continuing Education follows the Ridgefield Public Schools guidelines for COVID and other illnesses, which may change as public health conditions change, which may include wearing a mask. Even so, we cannot guarantee that you will be 100% safe from airborne illnesses including COVID-19. I release Ridgefield Adult and Continuing Education, Ridgefield Public Schools, the Town of Ridgefield, its employees and instructors. I understand that this release applies to any present or future injuries or illness (including, but not limited to, COVID-19). Participation is at my own risk. I have read this and sign it voluntarily.

Signed: _____ Date: _____

REGISTER BY MAIL OR PHONE (203) 431-2812

_____ Check (Make checks payable to Ridgefield Continuing Education)

_____ VISA _____ MasterCard Name On Card: _____

Credit Card# _____ Expiration Date: _____ 3 Digit Code: _____

Signature: _____

Mail Registration To:

Ridgefield Public Schools - Continuing Education
Attn: Peggy Bruno
90 East Ridge Road
Ridgefield, CT 06877

Web Site: <https://www.ridgefieldschools.org>

Email: ridgefieldcontinuingeducation@gmail.com